

# FORMULATION AND EVALUATION OF NANOEMULSION FOR SOLUBILITY ENHANCEMENT OF FEBUXOSTAT

<sup>1</sup>M Sanjana Reddy, <sup>2</sup>P.Tripura Sundari

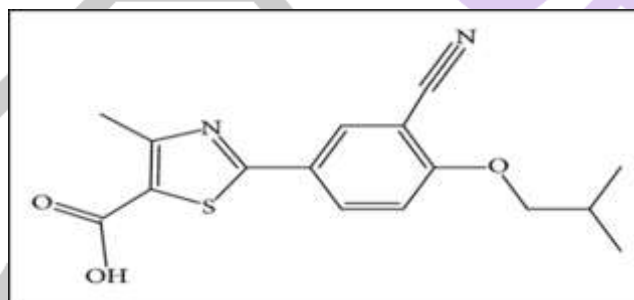
<sup>1</sup>M.Pharmacy, <sup>2</sup>Associate Professor  
Department of Pharmaceutics  
RBVRR Women's College of Pharmacy  
Bharkatpura, Hyderabad.

**Abstract:** The aim of present research was to design and develop Nanoemulsion of Febuxostat for solubility enhancement. Febuxostat is a non-purine selective inhibitor of xanthine oxidase. It belongs to BCS class II i.e. poorly soluble and highly permeable drug. Due to its poor solubility, it is incompletely absorbed after oral dosing and bioavailability varies among individuals. Therefore, to overcome these shortcomings nanoemulsions have been designed. Nanoemulsion was formulated by high speed homogenization technique using isopropyl myristate as oil, tween 80 and span 80 were selected as surfactant. The formulations were evaluated for droplet size, zeta potential, drug content. The optimized formulation contains droplet size 358.5nm and zeta potential -29.1mv. In-vitro dissolution study of nanoemulsion showed 42.37 % release within 6hrs. Hence, it is concluded that nanoemulsion enhances the solubility of Febuxostat.

**Keywords:** Febuxostat, Nano emulsion, isopropyl myristate, zeta potential.

## INTRODUCTION

Febuxostat denoted as FBX is a non purine selective inhibitor of xanthine oxidase/xanthine reductase. The chemical name of FBX is 2-[3-cyano-4-(2-methyl propoxy) phenyl]-4-methyl, 3-thiazole-5-carboxylic acid.



Chemical structure of Febuxostat

It is indicated for the long-term management of hyperuricemia in patients with gout. It belongs to BCS class II with low solubility and high permeability. Because of low solubility the bioavailability of the drug is hampered and it also undergoes enzymatic degradation in intestine as well as in liver. Food interferes with the absorption of drug and decreases the C<sub>max</sub> to 38-49%. Thus, it has undesirable dissolution profile and poor bioavailability following oral administration. Poor water soluble drugs present significant challenges during dosage form designing due to their inadequate solubilization in digestive fluids. Most of the newly discovered drugs receive little or no aqueous solubility as a challenge for the successful formulation development and commercialization of new drugs in the pharmaceutical industry. The bioavailability of a drug is a function of dissolution rate of the drug which is controlled by the surface area of the drug. In the category of poorly soluble drugs the change in surface area of the drug will show considerable changes in the solubility and dissolution of the drug.

Febuxostat belongs to BCS class II i.e. poorly soluble and highly permeable drug. Due to poor solubility, it is incompletely absorbed after oral dosing and bioavailability varies among individuals. To overcome these shortcomings novel drug delivery system (NDDS) plays a crucial role. Nano emulsions have been widely used especially in dermatology. They are capable to incorporate a variety of hydrophilic and hydrophobic drugs, to enhance the accumulation of drug at the administration site and to reduce side effects. They are considered to be in the range of 100 nm to 1000nm. Various effects such as surface area and area to volume ratio and many other physical properties get magnified when reduced to nanoscale. Most of the current research works in almost all technical and biomedical fields is based on nano size. Nano emulsions are thermodynamically stable transparent (translucent) dispersions of oil and water stabilized by an interfacial film of surfactant molecules having a droplet size of less than 1000 nm. The optically clear and low-viscous formulation with enhanced solubility and minimum droplet size diameter would pose a definite promise in

improving the significance of poorly soluble drug1-10. So, the objective of the present research work was to formulate Nano emulsion of Febuxostat for improving the solubility and bioavailability of drug.

## MATERIAL AND METHODS

### Materials

Febuxostat was generously gifted by Sun Pharma Mumbai, isopropyl myristate, span 80, tween 80 were procured from SD fine chemicals and all other chemicals and solvents were of analytical grade.

### Methods

#### Determination of organoleptic properties

The physical identification of Febuxostat was done by checking its physical appearance i.e. colour, nature and physical state. Weighed quantity of Febuxostat as drug was taken and viewed in well illuminated place.

Determination of Melting point  
Melting point of the drug was determined by using capillary method. Drug was filled into capillary tube by sealing its one end at the height of 3 mm from the closed end. The capillary was introduced into the digital melting point apparatus and the point at which the drug starts melting was noted until the entire samples get melted.

#### Identification of drug by FTIR

Fourier transforms infrared spectral spectroscopy (FTIR) the pure drug was mixed with IR grade potassium bromide in a ratio of (1:100) and pellets were prepared by applying 10 metric ton of pressure in shimadzu hydrophilic press. The pellets were then scanned over range of 4000-400 cm<sup>-1</sup> in FTIR spectrometer. FTIR spectrum of Febuxostat showed the presence of the peaks which complies with the reference spectra.

#### Preparation of Standard Calibration Curve of Febuxostat

10 mg of drug (Febuxostat) was accurately weighed from calibrated digital weighing balance and was transferred to 100 ml volumetric flask. Small quantity of methanol was added to dissolve the drug. The volume was made up to 100 ml using methanol to prepare stock solution of 100 µg/ml. From the stock solution 0.2, 0.4, 0.6, 0.8, 1.0 ml of solution was pipetted into 10 ml volumetric flasks and volume was made up to 10 ml to form concentrations of 2, 4, 6, 8, 10 µg/ml with phosphate buffer. The absorbance was measured with the help of UV Spectrophotometer at 318 nm by taking phosphate buffer as reference solution. All the studies were done in triplicate (n=3) with the same instrument.

#### Determination of solubility of various solvents (oil, surfactants)

In this excess amount of drug (Febuxostat) was taken and dissolved in various excipients used in the study. The solutions were sonicated for 1hr at room temperature and maintained at 25°C for 48 hrs on an orbital shaker Orchid, Mumbai. Then this was filtered through a 0.22µm nylon membrane filter. These were suitably diluted and analyzed, spectrophotometrically (UV/Vis spectrophotometer, Elico), for the dissolved drug at 318 nm. All trials were performed in triplicate.

#### PREPARATION OF NANOEMULSIONS:

The nanoemulsions are prepared by high speed homogenization technique. In this the homogeneous organic solution composed of oil (isopropyl myristate) and a

lipophilic surfactant (span 80) and drug (febuxostat). The homogeneous aqueous phase was formed by water, and hydrophilic surfactant (Tween 80). The aqueous phase was added in the organic phase under constant homogenization. Then o/w emulsion was formed. The stirring was maintained to let the system reach equilibrium.

Composition of Febuxostat Nano emulsion

S.No	Formulations	Drug (febuxostat) in mg	Isopropyl myristate in ml	Span 80 In ml	Tween 80 In ml	Distilled water In ml
1	FBXN1	40	3	1	1	10-15
2	FBXN2	40	3	2	1	10-15
3	FBXN3	40	3	3	2	10-15
4	FBXN4	40	3	3	3	15-20
5	FBXN5	40	3	3	4	15-20

### Characterization of Nanoemulsion

Characterization of nano-emulsions is of most importance in order to ensure the production of emulsions which fall within the desired droplet size range, viscosity and charge and are stable with time. Several techniques have been developed to characterize emulsions such as particle size analysis, polydispersity index and zeta potential determination, differential scanning calorimetry. Some of these methods will be highlighted below.

1. Thermodynamic stability studies: The formulations were subjected to different thermodynamic stability tests.
  - a) Heating cooling cycle: Three cycles between the temperature 4°C and 45°C with storage at each temperature not less than 48 hrs was studied. Those formulations, which were stable at these temperatures, were subjected to centrifugation test.
  - b) Centrifugation: formulations which were stable in the above test were centrifuged at 3600 rpm for 30min. Those formulations that did not show any phase separation were taken for freeze thaw stress test.
  - c) Freeze thaw cycle: Between – 18°C and +25°C three freeze thaw cycles with storage at each temperature for not less than 48 h was done for the formulations.
2. Drug content
 

In this 2 ml of Nano emulsion was taken in 10 ml volumetric flask and the volume was made up to 10 ml using methanol. 1ml of stock solution was diluted to 10 ml with phosphate buffer pH 6.0 phosphate buffer which was further diluted to give a final concentration of 10 µg/ml (10ppm) solution. Percent drug content was calculated spectrophotometrically at 318 nm.
3. Particle size determination

Particle size of emulsion can be determined using several techniques. Some of the major techniques are hydrodynamic chromatography, photon correlation spectroscopy, spectroturbidimetry, field flow fractionation, sensing zone, electron microscopy and sedimentation.

#### 4. Zeta Potential Determination

Zeta potential is a measurement of surface potential. The magnitude of zeta potential gives an indication of potential stability of an emulsion. Zeta potential is an important parameters in determining the stability of an emulsion and other colloidal dispersion, zeta potential larger than about 25mV is typically required to stabilize a colloidal system. Zeta potential is determined by a number of factors, such as the particle surface charge density, the concentration of counter ions in the solution, solvent polarity and temperature. Zeta potential can be determined using the Malvern Zeta sizer or the Nicomp particle sizer. Zeta potential is determined by electrophoretic light scattering(ELS).The smoluchowski equation can be used to compute the zeta potential from electrokinetic mobility  $\mu$ .

$$\mu = \frac{\zeta \epsilon}{\eta} \dots \dots \dots \text{equation. Where } \epsilon \text{ is the permittivity and } \eta \text{ the viscosity of the liquid used}$$

#### 5. Dissolution studies of Nanoemulsions

Dissolution studies for febuxostat Nano emulsions were performed in pH 6 phosphate buffer using USP dissolution test apparatus with a paddle stirrer. The paddles were allowed to rotate at a speed of 75 rpm. The dissolution medium was maintained at a temperature of 37±0.5°C and the samples were withdrawn for every 1hr. The volume of withdrawal samples were replaced by fresh dissolution medium in order to keep the volume of dissolution medium constant. Then the withdrawal samples were checked for absorbance at 318 nm using UV-Visible spectrophotometer.

## RESULTS AND DISCUSSIONS

## Physical appearance

## Physical appearance of febuxostat

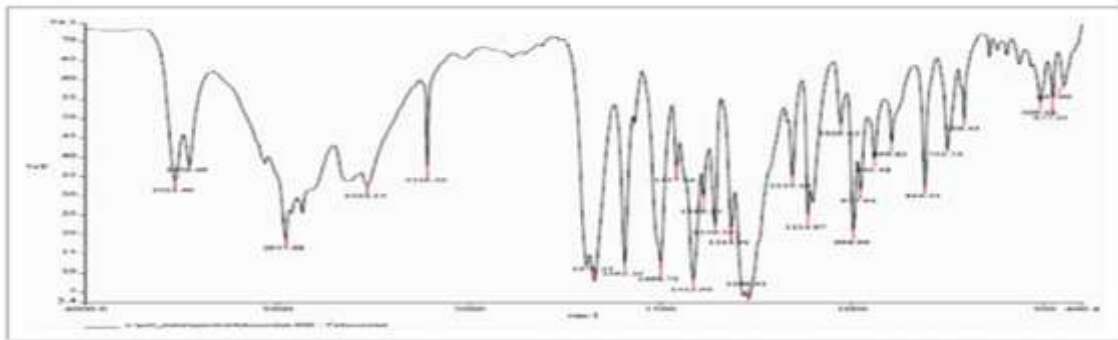
Test	Specification	Observation
Nature	Amorphous	Amorphous
Color	White	White
Physical state	Solid powder	Solid powder

## Melting point analysis

Melting range of febuxostat was found to be 238-239°C.

## Identification of drug by FTIR

Identification of febuxostat was carried out using Fourier Transform Infra-red Spectroscopy (FTIR), Infra-red spectra of febuxostat were determined using FTIR (S PECTRUM Rx1: shimadzu) using potassium bromide method. The baseline correction was done by scanning potassium bromide pellets over a range of 400-4000  $\text{cm}^{-1}$ . Then the pellets containing potassium bromide and febuxostat mixture and excipients were scanned and data were interpreted.



Infra red spectra of febuxostat

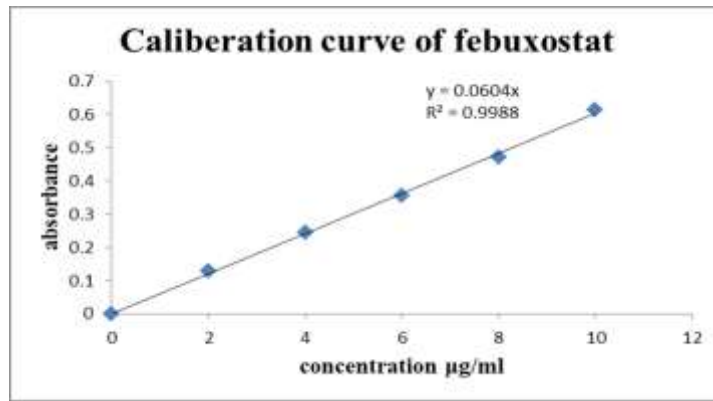
## Interpretation of IR spectra

Wave number( $\text{cm}^{-1}$ )	Functional groups
2250-2220	C=N stretching
2500-3000	O-H stretching
1680-1820	C=O

## Calibration curve of Febuxostat

S.no	Concentration ( $\mu\text{g/ml}$ )	Absorbance
1	2	0.129
2	4	0.246
3	6	0.357
4	8	0.473
5	10	0.613

calibration curve of febuxostat

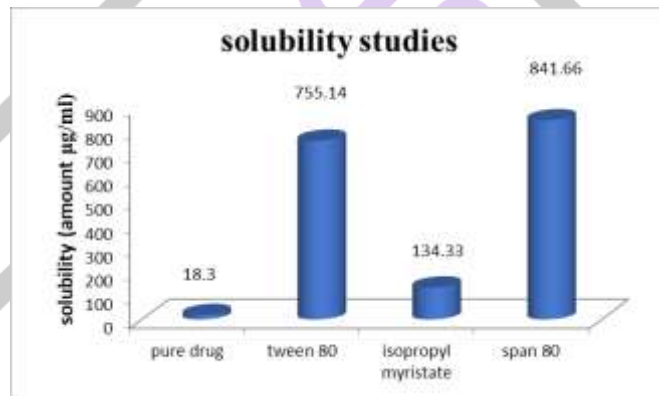


calibration curve

Solubility studies

Oil and surfactants	Concentration of drug dissolved in (µg/ml)
Water	18.3
Tween 80	755.14
Isopropyl myristate	134.33
Span 80	841.66

solubility of different materials used in formulations



solubility studies

CHARACTERIZATION OF NANO EMULSIONS

1. Thermodynamic stability studies

A) Heating cooling cycle

Formulation	No. of cycles exposed			
	0	1	2	3
FBXN1	√	√	×	-
FBXN2	√	×	-	-
FBXN3	√	√	×	-
FBXN4	√	√	√	√
FBXN5	√	√	√	×

- All the formulations were subjected to three heating and cooling cycles (4 to 45°C). The response of formulations for heating and cooling was recorded. Among all FBXN4 has shown better results i.e., this formulation could able to sustain up to 3 cycles of heating and cooling.

#### B) Centrifugation

Formulations	Time exposed to centrifuge		
	0min	15min	30min
FBXN1	√	×	-
FBXN2	√	×	-
FBXN3	√	√	×
FBXN4	√	√	√
FBXN5	√	√	×

- All the prepared formulations were subjected to centrifugation at 3600 rpm for 30 min and at each 15 min the samples were visually observed for any physical instability. Among all the prepared formulations FBXN4 was able to retain its physical stability towards centrifugation for 30 min at 3600 rpm.

#### C) Freeze thaw cycle

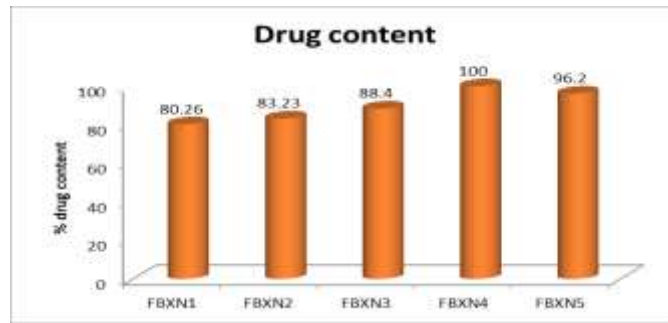
Formulation	No. of cycles			
	0	1	2	3
FBXN1	√	×	-	-
FBXN2	√	×	-	-
FBXN3	√	√	×	-
FBXN4	√	√	√	√
FBXN5	√	√	√	×

- All the prepared formulations were subjected to three freeze thaw cycles (-18 to +25°C). The response of the formulation for freeze thaw cycle was recorded. Among all FBXN4 has shown better results i.e., other formulations could not sustain up to 3 cycles.

#### 2. Assay of Febuxostat Nano Emulsion

S.NO	Nano Emulsion Formulation	Percent drug content
1	FBXN1	80.26
2	FBXN2	83.23
3	FBXN3	88.4
4	FBXN4	100
5	FBXN5	96.2

Percent drug content of Nano emulsion formulations



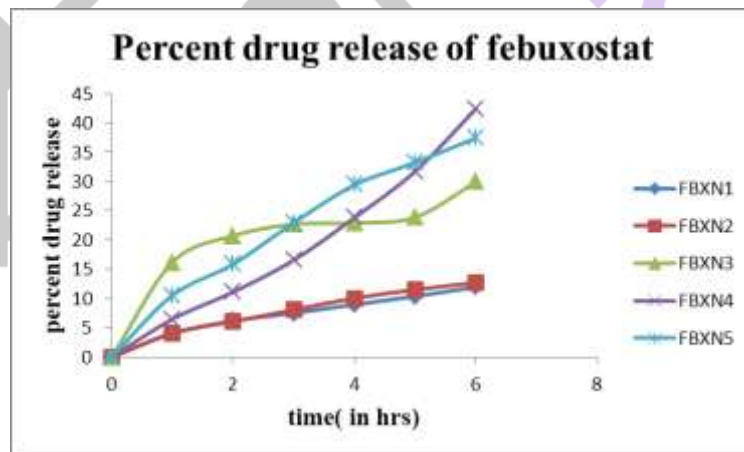
Percent drug content of Nano emulsion formulations

The drug content of Nano Emulsion is mentioned in the table. The drug content was calculated for all the prepared formulations and the values range from 80.26% to 100%. Among all FBXN4 gave maximum drug content value of 100%.

3. Dissolution profile

Time (in hrs)	Percent drug release (n=3) of nano emulsions				
	FBXN1	FBXN2	FBXN3	FBXN4	FBXN5
1	4.01	4.08	16.16	6.48	10.37
2	6.18	6.07	20.7	11.1	15.86
3	7.5	8.062	22.68	16.57	22.95
4	8.96	10.05	22.87	23.81	29.4
5	10.38	11.51	23.88	31.72	33.22
6	11.96	12.71	29.92	42.37	37.42

Dissolution profile of Nano Emulsions

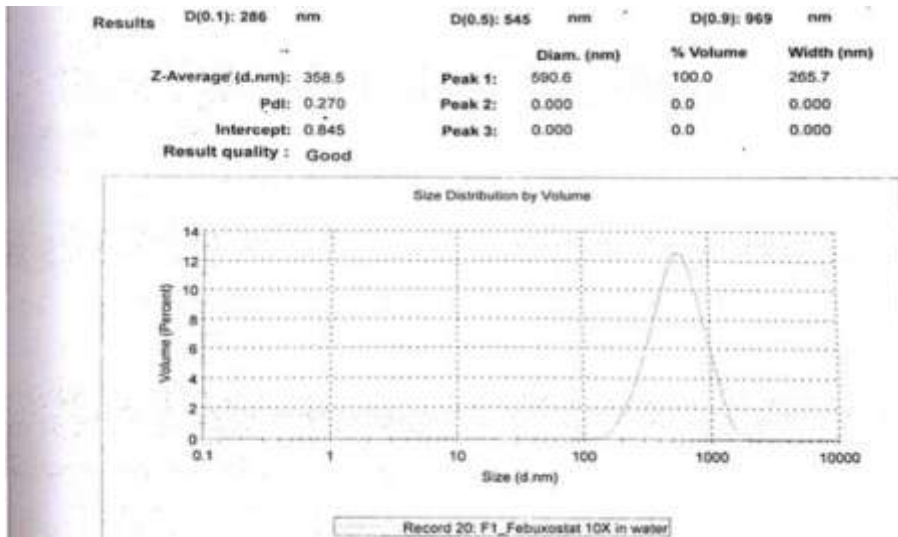


Dissolution profile of Nano Emulsions

➤ In-vitro drug release of all the prepared Nano emulsions were carried out in phosphate buffer of pH 6.0. The percent drug release was calculated for all the prepared formulations and the values ranged from 11.96% to 42.37%. Among all FBXN4 gave maximum drug release of 42.37% in 6 hours, hence this was selected as the optimized formulation and further analysis was done.

The results of heating and cooling, centrifugation, freeze and thaw, drug content and drug release studies showed that among all the prepared formulations FBXN4 has shown better results. So this formulation was taken for further instrumental analysis.

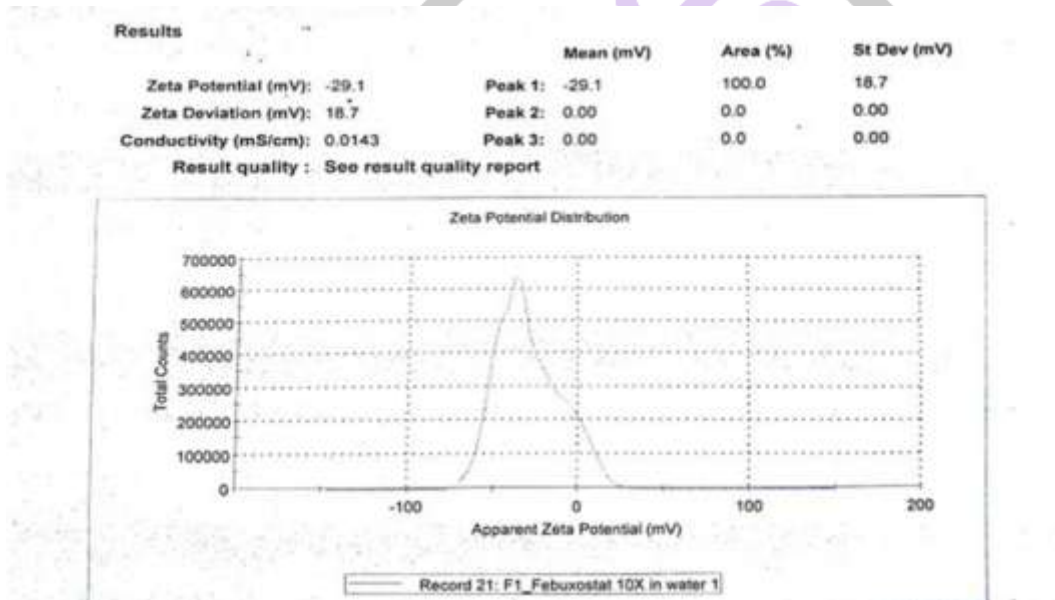
4. Particle size distribution of Nano emulsions



Particle size of FBXN4

- The globule size of FBXN4 is 358.5nm.

5. Zeta potential



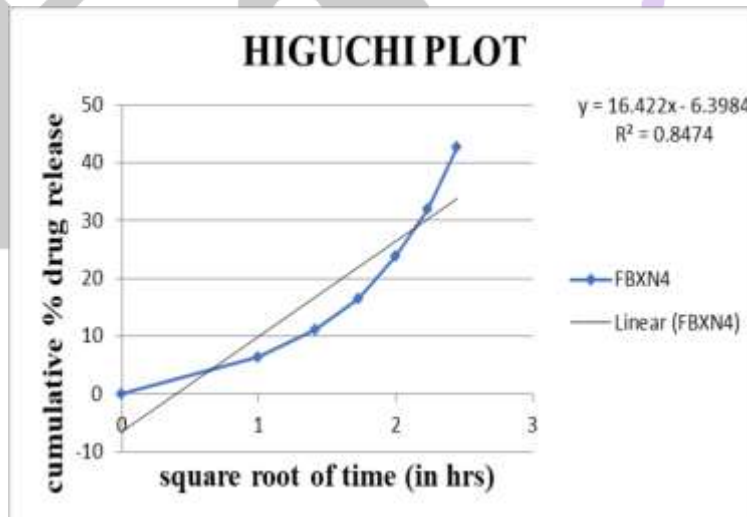
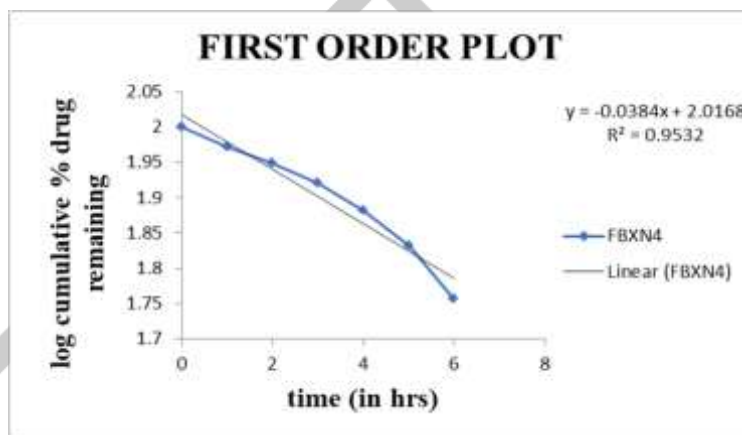
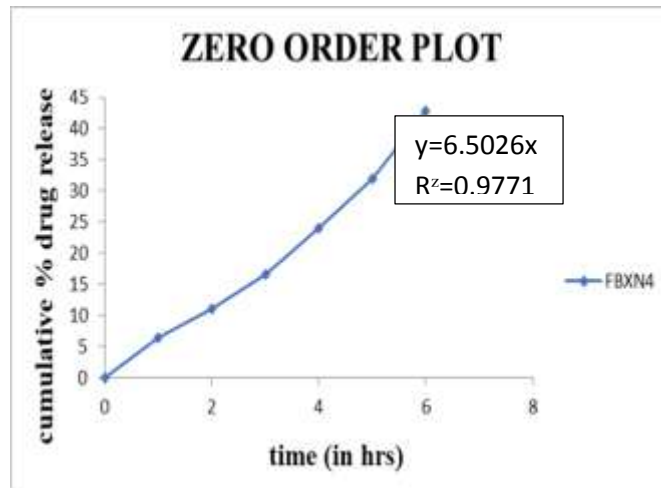
Zeta potential of FBXN4 formulation

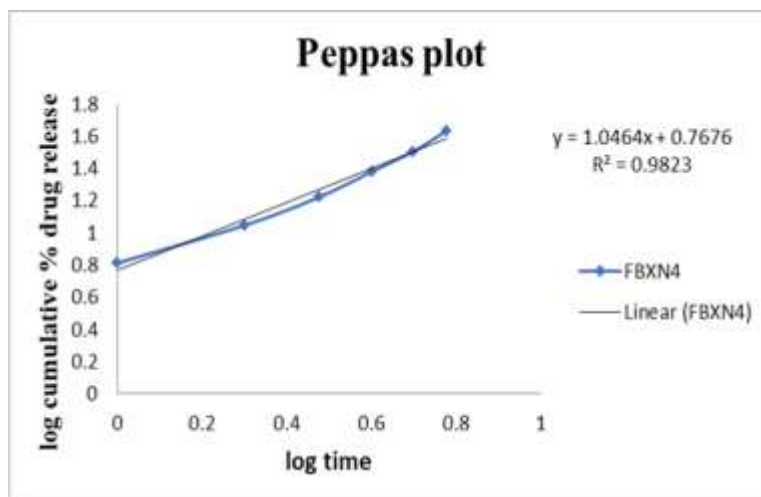
- Zeta potential value is -29.1mv which shows that the formulation is stable having good stability.

❖ Drug release kinetics of Nano emulsion

Different kinetic models were applied on the formulation FBXN4 and the results are







kinetic representation of prepared Nano emulsion

- From the kinetic models, the drug release from prepared formulation FBXN4 was observed to follow zero order and the mechanism of drug release is non-fickian diffusion.

## CONCLUSION

The present work concluded that Febuxostat Nano emulsion formulation for solubility enhancement was successfully prepared by high speed homogenization method. Now a day, Nano emulsion as carrier systems are more acceptable in drug delivery system. Isopropyl myristate (Oil), tween 80, span 80 (surfactant) was successfully used as a suitable carrier system for incorporating Febuxostat. Isopropyl myristate, span 80 are well-suited with the tween 80 and helps in solubilising the drug in the formulation of Nano emulsion. The % drug content was found to be 100%. The globule size of finalized formulation were in the range of 358.5 nm with good stability as confirmed by zeta potential values.

## REFERENCES

1. Bhowmik D, Gopinath H, Kumar B P, Duraivel S and Kumar K P S. Recent advances in novel topical drug delivery system, *Pharma Journal.Com*, 1(9), 2012, 12-31.
2. Desai S, Doke A, Disouza J, Athawale R. Development and evaluation of antifungal topical niosomal gel formulation, *International Journal of Pharmacy and Pharmaceutical Sciences*, 3(5), 2011, 224-231.
3. Wagh M P and Patel, J S. Biopharmaceutical classification system scientific basis for biowaiver extension, *International Journal of Pharmacy and Pharmaceutical Sciences*, 2(1), 2010, 12-19.
4. Patel H C, Parmar G and Seth A K, Patel J D, Patel S R. Formulation and evaluation of o/w nanoemulsion of ketoconazole, *International Journal of Pharmaceutical Sciences*, 4(4), 2013, 338-351.
5. Patel R, Patel Z K, Patel K R, Patel M R. Formulation and evaluation of micro emulsion based gel of ketoconazole, *Int. J. Universal Pharm. Bio Sci*, 3(2), 2014, 93-111.
6. Shinde P B. Component Screening of Miconazole Nitrate Nanoemulsion, *Asian Journal of Biomedical and Pharmaceutical Sciences*, 3(19), 2013, 33-40.
7. Chandira R M, Pradeep, Pasupathi A, Bhowmik D, Chiranjib, Jayakar B, Tripathi K K and Kumar K P S. Design Development and Formulation of Antiacne Dermatological Gel, *Journal of Chemical and Pharmaceutical Research*, 2(1), 2010, 401-414.
8. Dash S, Murthy P N, Nath L and Chowdhury P. Kinetic modeling on drug release from controlled drug delivery systems, *Acta Poloniae Pharmaceutica - Drug Research*, 67(3), 2010, 217-223.
9. Balata G, Mahdi M and Bakera R A. Improvement of solubility and dissolution properties of ketoconazole by solid dispersions and inclusion complexes, *Asian Journal of Pharmaceutical Sciences*, 5(1), 2010, 1-12.
10. Chandiran S and Anand akirouchene E. Design and optimization of process and product variable of solid lipid nanoparticle containing ketoconazole by cold homogenization technique, *International Journal of Biological and Pharmaceutical Research*, 5(4), 2014, 336-342.

11. Debnath S, Satayanarayana and Kumar G V. Nanoemulsion A method to improve the solubility of lipophilic drugs, An International Journal of Advances in Pharmaceutical Sciences, 2(2-3), 2011, 72-82.
12. Bhosale R, Osmani R A, Ghodake P, Shaikh S M and Chavan S R. Nanoemulsion A Review on Novel Profusion in Advanced Drug Delivery, Indian Journal of Pharmaceutical and Biological Research, 2(1), 2014, 122-127.
13. Ping L, Ghosh A, Wagner RF, et al. (2005). Effect of combined use of nonionic surfactant on formation of oil-in-water microemulsions. *Int J Pharm* 288:27–34. 14. Prasad PS, Imam SS, Aqil M, et al. (2014). QbD-based carbopol transgel formulation. Characterization, pharmacokinetic assessment and therapeutic efficacy in diabetes. *Drug Deliv.* [Epub ahead of print]. <http://dx.doi.org/10.3109/10717544.2014.936536>.
15. Rahman MA, Hussain A, Hussain MS, et al. (2013). Role of excipients in successful development of self-emulsifying/microemulsifying drug delivery system (SEDDS/SMEDDS). *Drug Dev Ind Pharm* 39: 1–19.
16. Ries F, Klastersky J. (1986). Nephrotoxicity induced by cancer chemotherapy with special emphasis on cisplatin toxicity. *Am J Kidney Dis* 8:368–79.
17. Shakeel F, Faisal MS. (2010). Nanoemulsion: a promising tool for solubility and dissolution enhancement of celecoxib. *Pharm Dev Technol* 15:53–6.
18. Tripathi KD. (2003). *Essential of medical pharmacology*. New Delhi: Jaypee Brother's Medical Publishers (P) Ltd., 247–51.

