# Indole: a multipotent nucleus

# <sup>1</sup>Shweta Singh, <sup>2</sup>Amita Rana, <sup>3</sup>Mahendra Rana, <sup>4</sup>Geetanjali Mehara, <sup>5</sup>Sanjana Bisht

Department of Pharmaceutical Sciences Sir J.C Bose, Technical Campus Bhimtal (263136), Uttarakhand, India.

*Abstract*: Indole (1H-indole) is one of the most important heterocyclic rings which offers a privileged scaffold in drug discovery. Indole derivatives have a vast pharmacological significance and provide a huge opportunity for discovering novel drugs with a different mode of action. The indole nucleus has shown its versatility and therapeutic potency in many naturally occurring compounds like alkaloids. In the recent past many studies have been conducted to integrate and explore various therapeutic aspects of this moiety. The indole scaffold found in both natural and synthetic sources is considered to be one of the most promising heterocyclic compounds possessing several biological activities viz. anticonvulsant, antidiabetic, anti-inflammatory, anti-HIV, anticancer, antitubercular, antioxidants, antihypertensive, antimicrobial, antifungal, etc. Indole derivatives have generated larger interest amongst various researchers to discover therapeutic leads to alleviate a large range of human ailments. In the present review, authors have reviewed and interpreted certain aspects and deciphered certain developments in the field of indole derivatives in the biological, chemical, and pharmacological paradigms of drug discovery including a few drug candidates currently under clinical trials.

Keywords: Indole, 1H-indole, Heterocyclic ring, Anticonvulsant, Antioxidants, Antidiabetic, Anti-inflammatory, Clinical trials.

#### 1. INTRODUCTION

The word indole is a portmanteau of the word *indigo* and *oleum* since indole was first isolated by treatment of the indigo dye with oleum. Indole (1H-indole) is the organic compound with the chemical formula  $C_8H_7N$  also known as benzopyrrole because the benzene ring and pyrrole rings are fused through the 2- and 3-positions of the pyrrole nucleus. It is one of the most abundant heterocycles in both natural products and biologically active molecules. It can be considered the most important of all privileged structures in medicinal chemistry[1]. Indole is a non-basic nitrogenous compound[2]. The word indole was composed of the word India, a blue dye imported from India which is known as indigo. Indigo can be converted to isatin (1) and then to oxindole (2). Adolf von Baeyer, in the year 1866 reduced oxindole to indole with the help of zinc dust. In the year 1869, he proposed the structure for indole. Indole derivatives occur widely in natural products, plants, animals, and marine organisms[3].



#### Chemical synthesis of the indole ring

The synthesis of indole has been achieved by using different starting materials and strategies as mentioned in various organic chemistry literature reports which include: Fischer indole synthesis[4], Bartoli indole synthesis[5], Madelung indole synthesis[6], Fukuyama synthesis[7], Leimgruber-Batcho[8], Reissert indole synthesis[9], Larock indole synthesis[10], Julia indole synthesis[11], Hemetsberger indole synthesis[12], Nenitzescu indole synthesis[13], Gassman indole synthesis[14], Sundberg indole synthesis[15], Baeyer-Emmerling indole synthesis[16]

	Table 1: Different methods for indole preparations.						
Reaction Names	Reactant(s)	Reaction Conditions/Catalyst	Product (Indoles/ indoles)	Substituted	References		



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#### Marketed drugs having indole as the basic nucleus

Marketed drugs containing Indole nucleus and their related pharmacological activities are listed in **Table 2.** The biological profile of the new generation of indoles represents a major advance over the older compounds. Apaziquone (EOquin, **3**) is a type of indoequinone that is a prodrug and a chemical analog of mitomycin C[<u>17</u>]. Delavirdine (**4**), an inhibitor of the cytochrome P450 isozyme, is a drug that is developed for the treatment of HIV type 1 containing an indole nucleus or ring within it[<u>18</u>]. Many indole-based pharmaceutical drugs comprise a very effective class of therapeutic molecules and are likely to replace many of the existing pharmaceuticals in the near future[<u>19</u>].



# Table2: Some marketed drugs having indole ring and their pharmacological activitiesDrugBrand nameChemical StructureUse

Drug	Brand name	Chemical Structure	Use	Reference
Reserpine	Serpasil		Anti- hypertensive drug	[ <u>20</u> ]
Vincamine	Oxybral SR		Anti- hypertensive drug	[ <u>21</u> ]

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#### 3. Pharmacological profile of indole derivatives

The versatile properties of indoles made them widely popular among different chemists. It has been found to be involved in the treatment of various medical conditions, including anticonvulsant, anticancer, anti-inflammatory, anti-viral, antidepressants, anti-diabetic, etc.,

#### 3.1. Anticonvulsant activity

Priya Ahuja *et al.*, in 2014 proposed a novel series of thirty indoles C-3 substituted 5-amino-6-(5-substituted-2- phenyl-1H-indol-1-yl)-4,5-dihydro-1,2,4-triazine-3(2H)- thione derivatives were explored for possible anticonvulsant agents. The derivative 1-(1-(5-amino-3-thioxo-2,3,4,5-tetrahydro-1,2,4-triazin-6-yl) -5-fluoro-2-phenyl-1H-indol3-yl)ethenone (**5**) showed significant activity in maximal electroshock (MES) test with a minimum duration of limb extension (5.40-0.61sec) and quantitative median dose of 7 mg/kg. In subcutaneous pentylenetetrazole screening 1-(5- amino-3-thioxo-2,3,4,5-tetrahydro-1,2,4-triazin-6-yl)-5-fluoro-2-phenyl-1H-indol-3-sulfonamide (**6**) showed an increase in the seizure latency to onset of clonus and was effective at a median dose of 35 mg/kg[<u>30</u>].

Govindaraj Saravanan *et al.*, in 2014 synthesized 1- (morpholinomethyl)-3-substituted isatin (7) derivatives and explore them for anticonvulsant activity using MES and scPTZ seizure tests. Among the synthesized analogs, the most active one was (22) which revealed protection in MES at a dose of 30 mg/kg (i.p.) after 0.5 h and 4 h. This molecule also provided protection in the scPTZ at a dose of 100 mg/kg (0.5 h) and 300 mg/kg (4 h)[<u>31</u>].

Novel indole derivatives which were having oxazolone/imidazolone moieties were synthesized by MSY Khan *et al.*, in 2012, and they were tested for their anticonvulsant activity in MES and scPTZ animal models. Compounds (8 and 9) showed significant anticonvulsant activity in MES animal model whereas compound (9) was active in scPTZ animal model. Therefore from the series of novel derivatives one compound, 1-(2-Hydroxypropyl)-2-phenyl-4-[(2-phenylindolin-3-yl)methylene]-1H-imidazol-5(4H)-one appears to be the lead compound and it could be considered for further studies[32].

A new series of 3-(4- substituted phenyl)-3-(substituted phenyl aminomethylene)-2,3- dihydrobenzoxazepin/benzothiazepin-2-yl)-2,5-disubstituted indoles were proposed by Anil Kumar *et al.*, in 2011, and screened them for its anticonvulsant potential. Out of the compounds screened, the compound (**10**) was found most potent anticonvulsant agent than the standard drug phenytoin sodium at a dose of 30 mg/kg i.p. While some other compounds were found to possess activity equipotent to that of reference drugs [<u>33</u>].

Pandeya *et al.*, in 1999 synthesized a series of p-nitrophenyl substituted semicarbazones (**11**) and tested their anticonvulsant activity by using maximal electroshock (MES), subcutaneous pentylenetetrazole (scPTZ), and subcutaneous strychnine (scSTY) methods[<u>34</u>].

Siddiqui et al., in 2008 synthesized 2-(1*H*-indol-3-yl)-N-(substituted phenyl) hydrazine carbothioamides (12) and their related heterocyclic derivatives were screened for their anti-convulsant activities and it was found that the showed protection against seizures both after 0.5 h and 4 h at 30 mg/kg body mass[35].

Novel oxa/thiadiazolylazetidinonyl/thiazolidinonylcarbazoles were synthesized by Kumar *et al.*, in 2010 (**13**). The compounds were screened for their anticonvulsant activity against maximal electroshock-induced seizures. The compound demonstrated different degrees of anticonvulsant activity. The compound exhibited potent 80% anticonvulsant activity by the MES animal model.[<u>36</u>]













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**R**= H, 2-Cl, 2-OCH<sub>3</sub>, 4-OCH<sub>3</sub>, 2-CH<sub>3</sub>, 3-CH<sub>3</sub>, 4-CH<sub>3</sub> **12** 

**R**= H, Cl, NO<sub>2</sub> 11



**R**= 4-OH, 2,4-OH, 4-OH, 3-OCH<sub>3</sub>, 4-N(CH<sub>3</sub>)<sub>2</sub>, 2-Br **X**=O, S

#### 13



Anticonvulsant action is increased by the introduction of biphenyl moiety.

The activity is increased by adding an acetyl group to the piperazine or piperidine moiety in the third position.

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## Fig 2 SAR of Anticonvulsant activity

#### 4.2 Anticancer activity

A novel oral indoline-sulfonamide agent, j30 (14) were synthesized by Liou *et al.*, in 2007, exhibiting potent activity against human cancer cells. The novel sulfonamide-based drug, J30, has been shown to have broad-spectrum *in-vitro* activity by inducing apoptosis and to be effective against tumour xenografts in animal models. Besides that, J30 is efficient when given orally to mice and is less susceptible to drug resistance, at least when brought on by MDR or MRP overexpression. According to their research, J30 has the potential to be an effective oral anti-neoplastic medication for the treatment of many malignancies and tumours that are resistant to other drugs.[<u>37</u>]

Sigman *et al.*, in 2010 synthesized and carried out the preliminary biological studies of 3- substituted Indoles (**15**) accessed by a palladium-catalyzed enantioselective alkene functionalization reaction. Several compounds' evaluations revealed promising anticancer activity against MCF-7 cells[<u>38</u>].

Popp and Pajouhesh *et al.*, in 2017 synthesized 3-o-nitrophenyl hydrazones of isatin (16) by condensation of isatin with onitrophenyl hydrazine. These compounds were found to be active intramuscularly against Walker carcinoma-256 and inactive against L-1210 lymphoid leukemia[39]



The introduction of methyl diminishes the activity.

## Fig 4 SAR of Anticancer activity

#### 4.3 Anti-inflammatory activity

The novel indole-3-guanidine hydrozone hydrochloride (17) were synthesized by Sandes et al., in 2018, which showed antiinflammatory effects in the carrageenan-induced pleurisy model which is proved by increased levels of total leucocyte count and dysregulation of proinflammatory (TNF- $\alpha$  and IL-1 $\beta$ ) and anti-inflammatory cytokines (IL-10)[40].

Shin *et al.*, in 2014 synthesized 7-hydroxyl-1-methylindole-3- acetonitrile (7-HMIA) (**18**). HIMA showed positive inhibitory effects on LPS-induced proinflammatory cytokines such as NO, TNF- $\alpha$ , IL-6, and PGE<sub>2</sub> production in macrophages, and the effect were closely associated with suppression of NF-kB activity assessed through decreased translocation of p65 and Akt phosphorylation. 7-HMIA significantly suppressed the mRNA stability of microsomal prostaglandin E synthase (mPGES-1) without inhibiting cyclooxygenase-2 (COX-2) expression. HMIA had also been shown to possess a 2-fold improvement in anti-inflammatory activity in comparison to parent arvelexin and its derivatives[41]

Synthesis of acetohydrazide-indole derivatives was proposed by Bhat *et al.*, in 2016 to check their anti-inflammatory activity. According to the SAR studies substitution of nitrophenol was favorable for COX-2 inhibitory activity. Furthermore, molecular docking studies show that compound (**19**, potency = 0.79%) is found to be the most selective inhibitor and also was potent as compared to the standard drug used which was Indomethacin (potency = 1.0%)[42].

Liu *et al.*, in 2016 designed and evaluated indole-2-carboxamide derivatives for anti-inflammatory activity. Moreover, *in vivo* studies were carried out for screening the biological activity of the potent compounds. SAR studies concluded that oxazole and amine substitution through carboxamide at C-5 had an effect on activity. Also, increasing methoxy substitution enhances the activity. Furthermore, the substitution of 2,6-di-chlorobenzyl, 3-fluorobenzyl, 4-bromobenzyl, and 4-trifluoromethyl benzyl at the N1 position shows good anti-inflammatory activity. Compounds (**20a**) and (**20b**) were found to be highly potent[<u>43</u>]

Shaker *et al.*, in 2020 designed, synthesized, and evaluate the anti-inflammatory activity of methylsulphonyl and aryl-substituted derivatives indole derivatives. SAR studies show the importance of halogen substitution compound (**21a**) and compound (**21b**) showed maximum anti-inflammatory activity as compared to the standard drug indomethacin[44].

A series of fused pyrroles were synthesized by Fatahala *et al.*, in 2017, and screened there *in-vivo* anti-inflammatory activity by using the rat paw edema method and performed molecular docking analysis. According to SAR studies the addition of hydrophobic ring coplanar with the original ring, and substitution of p-fluorophenyl leads to increased anti-inflammatory activity. Compound (22) (% inhibition=92%) showed maximum activity to a standard drug used which is indomethacin (% inhibition= 78.58%)[45]. A capsaicin-based indole and nitro-indole derivatives were synthesized by Mukthung *et al.*, in 2018 and screened them against the maximum activity is a standard the relation of provide the relation of the provide the r

proinflammatory kinase TNF- $\alpha$ . SAR studies showed the role of capsaicin alkyl chain system and nitro substitution for favorable activity. Compounds (23a) (relative % inhibition = 47.65%) and (23b) (relative % inhibition = 51.95%) were the most potent compounds as the relative % inhibition compared with standard drug capsaicin[46].





**23a**=  $\mathbf{R}_1$ = NO<sub>2</sub>,  $\mathbf{R}_2$ =NO<sub>2</sub>, n= 4 **23b**=  $\mathbf{R}_1$ = NO<sub>2</sub>,  $\mathbf{R}_2$ =NO<sub>2</sub>, n= 5

#### Fig 5 Indole derivatives with potential Anti-inflammatory activity



#### Fig 6 SAR of Anti-inflammatory activity

## 4.4 Antiviral activity

Musella *et al.*, in 2016 synthesized amide-substituted indole derivatives and evaluated them against the human *Varicella zoster virus* (VZV). SAR studies show that substituting biphenyl ethyl moiety and acetylation at the amino group of tryptamines is required for the activity against VZV. Compound (24) (Cytotoxic concentration,  $CC_{50} = 39\mu M$ ) was found to be highly potent as compared with standard drug acyclovir ( $CC_{50} = 191\mu M$ ) and biuvudin ( $CC_{50} = 160 \mu M$ )[47].

A novel indole-thiourea hybrids were synthesized by Sanna *et al.*, in 2018 and evaluated them against HIV-1 (human immunodeficiency virus). SAR studies show the importance of 4-bromophenyl moiety. Among all the synthesized compounds, (**25**)  $(EC_{50} = 8.7 \pm 0.4 \mu M)$  was found to be highly potent as compared with the standard drug efavirenz  $(EC_{50} = 0.002 \pm 0.0002 \mu M)$ [48]. Ferro *et al.*, in 2013 designed, synthesized, and evaluated indole derivatives by performing the docking study with HIV-1 integrase. Docking studies showed that bulkier substituent on the benzyl group, i.e., *tert*-butyl, trifluoromethyl group, is desirable for the interaction with HIV-1 integrase protein. Compound, (**26**) (IC<sub>50</sub> = 0.4Mm) was found to be highly potent[49].

Balupuri *et al.*, in 2014 synthesized and screened using various molecular dynamics and 3D-QSAR studies. SAR studies showed that small bulky substituents were required for the activity and also smaller substituents having balanced electrostatic and steric properties are highly desirable at the 7th position of the indole ring. However, activity reduced in the order of primary > secondary > tertiary amine. Compounds (**27a**) (EC50 = 0.006 nM) and (**27b**) (EC50 = 0.005 nM) were found to be highly potent, having a good binding affinity with a receptor[50].

Selvam *et al.*, in 2006 synthesized 4-[(1,2dihydro-2-oxo-3H-indol-3-ylidene)amino]-N-(4,6-dimethyl-2-pyrimidin-2-yl)benzenesulphonamide and its derivatives (**28a**, **28b**, **28c**). These compounds were tested for antiviral activity against influenza A (H1H1, H3N2, and H5N1) and B viruses in the Madin Darby canine kidney (MDCK) cell culture[51].

A novel derivative of 3-ethoxycarbonyl-6-bromo-5-hydroxyindoles (29) was synthesized by Dun Wang *et al.*, in 2014. Moreover, their antiviral activity was determined in cell culture with virus cytopathic effect assay[52].

Synthesis and evaluation of cyclopropyl indole derivatives as HIV non-nucleoside reverse transcriptase inhibitors was performed by Hassam *et al.*, in 2012. SAR studies showed that the C-1 position of propanoic acid groups, i.e., phenyl and thiophene increases the activity and at the C-3 position, Cl and Br (halogen groups) are desirable for the activity. Compounds (**30a**) (IC<sub>50</sub> = 0.085 $\mu$ M) and (**30b**) (IC<sub>50</sub> = 0.065 $\mu$ M) were highly potent as compared to the standard drug nevirapine (IC<sub>50</sub> = 0.087  $\mu$ M). Molecular docking studies were performed to evaluate the activity using HIV non-nucleoside reverse transcriptase enzyme which confirmed that compound (**30b**) was well accommodated within the active site[<u>53</u>].



Fig 7 Indole derivatives with potential Anti-viral activity

The activity is increased when halogen is substituted.

The activity is maintained by substitution with methoxy, ethoxy, and nitro groups.

The activity decreases when the alkyl chain increases.

The activity gets decreased when the hydroxy group is substituted.



# 4.5 Antidepressant activity

Synthesis and screening of a series of indole derivatives bearing dihydropyrazoline moiety was performed by Patil and Bari *et al.*, in 2016, and evaluated them for antidepressant activity using a forced swimming test. SAR studies show that the presence of electron-donating groups on the phenyl ring of indolylpyrazoline has a big role in the activity. Finally, it was concluded from the *in vivo* study that compounds (**31a**) (116.3  $\pm$  1.54) and (**31b**) (109.8  $\pm$  2.86) were found to be highly potent when compared to the standard drug fluoxetine (immobility reduced to 77.4%) and imipramine (immobility reduced to 75.5%)[54].

Zhen *et al.*, in 2015 synthesized a series of 2-(5-methyl-2,3-dioxoindolin-1-yl) acetamide derivatives. The compounds were further screened for antidepressant activity using a forced swim test. SAR studies show that only 3-Br-phenyl, 4-Br-phenyl, 3-CF<sub>3</sub>-phenyl, and benzyl group attachment with acetamide gives potent compounds. Compounds, (**32a**) (65.77  $\pm$  17.8) and (**32b**) (75.77  $\pm$  18.7) show good potency when compared with the standard drug fluoxetine (58.5  $\pm$  9.3)[55]





**31a**=R=4-Cl-C<sub>6</sub>H<sub>4</sub>-**31b=**R=4-NO<sub>2</sub>- C<sub>6</sub>H<sub>4</sub>-



#### Fig 9 Indole derivatives with potential Anti-depressant activity

The affinity for the 5-HT<sub>2A</sub> receptor was made stronger by C-2 methylation.



#### Fig 10 SAR of Anti-depressant activity

#### 4.6 Anti-diabetic activity

Mohler *et al.*, in 2009 discovered a site at the monomer interface is known as the indole inhibitor site. Compound (**33**) inhibited liver and muscle GP in the nM range in enzyme kinetics and was active in forskolin-induced, cell-based glycogenolysis in the mM range (1.9Mm)[56].

Synthesis of novel indole N-glucoside derivatives was proposed by Nomura *et al.*, in 2014, and evaluated them on high-fat diet-fed mice. SAR studies show that methyl and halogen substitution is desirable for the activity. Compound (**34**) ( $IC_{50}=1.1\mu M$ ) was found to be highly potent[57].

Synthesis and evaluation of novel indole-triazole derivatives was conducted by Rajan *et al.*, in 2017. All the synthesized compounds were evaluated by the Syrian Golden Hamster model. SAR studies show that difluoro and tosyl substitution is desirable for the activity. The compound (**35**) was found to be highly potent[<u>58</u>].



The binding and functional activity was reduced when benzyl, tBu, or biphenyl carboxylic acid was substituted.

# Fig 12 SAR of Anti-diabetic activity

4. Drugs under clinical trials having indole nucleus.							
Drug	Pharmacological activity	Developed by	Structure	Reference			
ATD/mTOD	Anticoncor	AstroZonooo's		[50]			
inhibitor (AZ- 20)	activity (showed activity against HT29 tumor cancer cell line)	AstraZeneca s		[22]			
Dacinostat (LAQ-824)	Anticancer	Novartis	HO HO	[ <u>60</u> ]			
PCI-34051	Anticancer	-	И С ОН	[ <u>61</u> ]			
Serdemetan (JNJ-26854165)	Anticancer	Johnson and Johnson and Pharmaceutical and Research Pvt. Ltd.		[ <u>62]</u>			
Fosdevirine* (GSK2248761)	Anti-viral activity (NNRTI resistant mutant HIV)	GlaxoSmithKline		[ <u>63]</u>			



#### \*phase 2 clinical trial drug candidate

#### Conclusion

Indole is a highly versatile nucleus in the pharmaceutical and biomedical field. Due to its prevalence in several natural products and manufactured medications, indole synthesis is still an important topic of research. Its derivatives are widely used as anticancer agents, anti-inflammatory agents, antiviral agents, anti-depressant agents, etc., Many of these molecules have been approved by the FDA and are currently used in drug therapy. Despite the extensive research in the molecule, the potential of newer indole-based drug molecules is still available. The structure activity relationship reveals that position N-1, C-3, and C-5 of indole shows effective anti-convulsant action as mentioned above in anticonvulsant study e.g., the compound 5 and 6 (5-amino-6-(5-substituted-2- phenyl-1H-indol-1-yl)-4,5-dihydro-1,2,4-triazine-3(2H)- thiones). Substituting N-1 with halogens maintains the anti-inflammatory activity moreover substituting hydrophobic groups at the C-5 position of indole gives potent anti-inflammatory agents e.g. the compound 20a and 20b indole-2-carboxamide derivatives. Substitution on N-1, C-4, C-6, and C-7 positions of indole gives promising antiviral e.g., the compound 29, agents3-ethoxycarbonyl-6-bromo-5-hydroxyindoles. Position C-3 of indole when substituted by a long alkyl chain increases the binding affinity and the C-6 position of indole when undergoing bromination and chlorination enhances anti-depressant activity e.g., the compound 32a and 32b 2-(5-methyl-2,3-dioxoindolin-1-yl) acetamide derivatives. For anti-diabetic action methyl group substitution at the C-2 position increases the anti-diabetic activity, substitution of methyl or thiomethyl group at C-3 position shows high affinity in a binding assay, at C-5 position, substitution with pyridyl analogues gives the most potent compounds also by substituting Cl at C-6 position reduces the activity e.g., the compound **35** indole-triazole derivatives. The review represents a piece of concise information regarding the utilization of indole nucleus by a medicinal chemist for the design and development of therapeutically active drug candidates and also an overview of their pharmacological activities.

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