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**Deepali Rawat**

In recognition of the publication of the paper entitled  
**Effectiveness of Jacobson's Progressive Muscle Relaxation on Psychosocial Constraints among Visually Impaired Individuals**

Published in Volume 9 Issue 3, March-2024, | Impact Factor: 9.15 by Google Scholar

Co-Authors - Kakul Hooda, Nargis Malik, Navnita Bhatt, Rakhi Nautiyal, Samson Royal, Sidra Afridi, Neha Thakur, Sapna Negi

Paper ID - IJSDR2403121  
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