

International Journal of Scientific Development and Research

IJSDR.ORG | ISSN : 2455-2631



An International Open Access, Peer-reviewed, Refereed Journal

The Board of
International Journal of Scientific Development and Research

Is hereby awarding certificate to

Duvvuru Gowtham Kumar

In recognition of the publication of the paper entitled
**Comparison of Plyometric Jump Training Versus Post Activation Potentiation For Improving
Vertical Jump Performance In College Going Volley Ball Players**

Published in Volume 9 Issue 3, March-2024, | Impact Factor: 9.15 by Google Scholar

Co-Authors - Pilladi Chaturvedi, Dr. Patchava Apparao, Dr. Ch. Ganapathi swamy

Paper ID - IJSDR2403120
Registration ID - 210566




Editor-In Chief

An International Scholarly, Open Access, Multi-disciplinary, Monthly, Indexing in all Major Database & Metadata, Citation Generator

IJSDR - International Journal of Scientific Development and Research | ESTD: 2016

www.ijedr.org | editor@ijedr.org

Certificate of Publication

IJSDR | ISSN : 2455-2631

International Journal of Scientific Development and Research

IJSDR.ORG | ISSN : 2455-2631



An International Open Access, Peer-reviewed, Refereed Journal

The Board of
International Journal of Scientific Development and Research

Is hereby awarding certificate to

Pilladi Chaturvedi

In recognition of the publication of the paper entitled
**Comparison of Plyometric Jump Training Versus Post Activation Potentiation For Improving
Vertical Jump Performance In College Going Volley Ball Players**

Published in Volume 9 Issue 3, March-2024, | Impact Factor: 9.15 by Google Scholar

Co-Authors - Duvvuru Gowtham Kumar, Dr. Patchava Apparao, Dr. Ch. Ganapathi swamy

Paper ID - IJSDR2403120
Registration ID - 210566




Editor-In Chief

An International Scholarly, Open Access, Multi-disciplinary, Monthly, Indexing in all Major Database & Metadata, Citation Generator

IJSDR - International Journal of Scientific Development and Research | ESTD: 2016

www.ijedr.org | editor@ijedr.org

IJSDR | ISSN : 2455-2631

Certificate of Publication

International Journal of Scientific Development and Research

IJSDR.ORG | ISSN : 2455-2631



An International Open Access, Peer-reviewed, Refereed Journal

The Board of
International Journal of Scientific Development and Research

Is hereby awarding certificate to

Dr. Patchava Apparao

In recognition of the publication of the paper entitled
**Comparison of Plyometric Jump Training Versus Post Activation Potentiation For Improving
Vertical Jump Performance In College Going Volley Ball Players**

Published in Volume 9 Issue 3, March-2024, | Impact Factor: 9.15 by Google Scholar

Co-Authors - Duvvuru Gowtham Kumar, Pilladi Chaturvedi, Dr. Ch. Ganapathi swamy

Paper ID - IJSDR2403120
Registration ID - 210566




Editor-In Chief

An International Scholarly, Open Access, Multi-disciplinary, Monthly, Indexing in all Major Database & Metadata, Citation Generator

IJSDR - International Journal of Scientific Development and Research | ESTD: 2016

www.ijedr.org | editor@ijedr.org

IJSDR | ISSN : 2455-2631

Certificate of Publication

International Journal of Scientific Development and Research

IJSDR.ORG | ISSN : 2455-2631



An International Open Access, Peer-reviewed, Refereed Journal

The Board of
International Journal of Scientific Development and Research

Is hereby awarding certificate to

Dr. Ch. Ganapathi swamy

In recognition of the publication of the paper entitled
**Comparison of Plyometric Jump Training Versus Post Activation Potentiation For Improving
Vertical Jump Performance In College Going Volley Ball Players**

Published in Volume 9 Issue 3, March-2024, | Impact Factor: 9.15 by Google Scholar

Co-Authors - Duvvuru Gowtham Kumar, Pilladi Chaturvedi, Dr. Patchava Apparao



Paper ID - IJSDR2403120
Registration ID - 210566


Editor-In Chief

An International Scholarly, Open Access, Multi-disciplinary, Monthly, Indexing in all Major Database & Metadata, Citation Generator

IJSDR - International Journal of Scientific Development and Research | ESTD: 2016

www.ijedr.org | editor@ijedr.org

Certificate of Publication

IJSDR | ISSN : 2455-2631