#### ISSN: 2455-2631

# Rediscovering the Joys of Childhood: Indian Toys

### DR. BHARTI YADAV

Head Mistress KVS

There! In an era where screens seem to dominate the lives of our children, something exciting is happening at our school. We've embarked on a journey to revive the simple joys of childhood through an innovative approach called Toys Pedagogy. We're just regular folks who care about preserving our cultural heritage, nurturing all-around development, and building a strong sense of community. So, let me tell you about the magic happening with our kids and these amazing Indian toys.

#### A Trip Down Memory Lane:

I'm sure many of you reading this remember the 80s and 90s with fondness. Those were the days of endless outdoor adventures with friends and those cherished toys that sparked our imaginations. Sadly, these toys have faded away in the digital age, replaced by solitary screens.

Today's kids, often referred to as millennials, face a different childhood. They spend more time indoors, which isn't great for their health or social skills. The toys they have nowadays are often solitary and lack the charm of the toys we grew up with.

But there's hope! Enter "Desi Toys," a brand that brings back those classical Indian toys we loved so much. These aren't just replicas; they're designed specifically for India, to help us relive those childhood memories. Our school has embraced these indigenous toys, bridging the generation gap and reigniting the spark of play.

## **Preserving Our Culture Through Play:**

India is a melting pot of diverse cultures, each with its unique traditions. Indigenous toys play a crucial role in preserving and passing down this rich cultural heritage. Across the country, skilled artisans craft these toys, connecting generations and teaching valuable life skills to our kids.

What's even better is that these toys are eco-friendly, often made from locally available materials like waste cloth, paper, wood, bamboo, and more. This not only teaches kids about textures and shapes but also instils a sense of respect for the environment. Some of these toys even incorporate natural materials like seeds, feathers, and coconut shells, helping kids learn about their surroundings.

But there's more to it. These toys hold emotional value because they feature figures and themes that our kids can easily connect with. Indigenous games are a part of this cultural tapestry, promoting physical fitness and skills like agility, strength, balance, and problem-solving. Our school's decision to include these toys in our curriculum is about nurturing well-rounded kids who are connected to their roots.

#### The Evolution of Play:

Toys have come a long way. The toys we grew up with were often made from wood or fabric scraps, encouraging physical activity and imaginative play. But today, many toys are synthetic and tether kids to screens, limiting their physical activity and development.

### Our School's Vision:

Our school believes in striking a balance between preserving our heritage and preparing kids for the future. By introducing toys pedagogy and these amazing indigenous Indian toys, we're empowering our students to connect with their culture, develop vital life skills, and enjoy meaningful social interactions.

This isn't just about the kids; it's about building bridges between communities, promoting reconciliation, and enhancing physical health.

## Wrapping It Up:

In a nutshell, school is all about nurturing well-rounded individuals who value their culture and community. The introduction of toys pedagogy, with a focus on indigenous Indian toys, is a testament to our commitment to providing a holistic and enriching education. We're bringing back the timeless joys of childhood, preserving our heritage while preparing our kids for whatever the future holds.