

RECURRENT FILIFORM WARTS CURED BY INDIVIDUALIZED HOMOEOPATHIC MEDICINE: A CASE REPORT

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Abstract-Warts are a type of skin infection caused by Human Papilloma virus.Mechanical removal with chemical cauterization used in all variants.However ,Homoeopathy provides a good response ,one such case report is here present below.Patient attended Out Patient Department with complaints of warts on his face but more localized at the chin ,extending down the neck region.So after unsatisfactory outcome with the modern medicine,patient approached towards the Homoeopathic treatment.After a detailed case taking and repertorization, NatrumMuriaticum was given in an appropriate potency to the patient according to the totality of the symptoms.The patient showed a great improvement in his complaints and continues to be free from his complaints at the time of last follow up.

Keywords: Warts,Homoeopathy, Individualization, Organon of medicine, Human Papilloma Virus.RADAR.

INTRODUCTION

Warts is a viral Infection being caused by Human Papilloma Virus(HPV) which has not been cultured in vitro but more than 120 genotypes of HPV has been identified.

Clinically,warts present as⁽¹⁾-

- 1.Verruca Vulgaris: single /multiple verrucous papules ,on hands and feet.
- 2.Superficial palmoplantar warts: Multiple ,superficial ,confluent ,painless warts,on palms and soles.
- 3.Deep palmoplantarwarts: deeper ,discrete,painful,warts ,on palms and soles.
- 4.Verruca plana: flat ,smooth papules ,on face.
- 5.Filiform warts: elongated warts,on face and scalp.
- 6.Epidermodysplasia verruciformis: in genetically predisposed.Extensive lesions (plane wart like and pityriasisversicolour like).Malignant potential in photoexposed parts.
- 7.Anogenital warts: sexually transmitted ,genital warts.

Common warts are associated with HPV types 2,4(most common),followed by types 1,3,27,29 and 57.

Flat warts are caused by types 3,10,28

EPIDEMIOLOGY

Warts are a common Medical problem,especially in whites but the frequency of warts are common worldwide and affects approximately 10% of the population⁽²⁾

Warts can occur at any age.Although rare in infancy and early childhood ,prevalence increases among school aged children and peaks 12 to16 years.

Warts are twice as common in Whites as in Blacks or Asians .Focal epithelialhyperplasia (Heck disease) in Inuit and American Indians.

The male to female ratio is approximately equal.

The diagnosis of a wart is usually made on a clinical examination and physical findings.

Laboratory studies: Immunohistochemical detection of HPV structural proteins confirms the presence of a virus ,but this has poor sensitivity.

Procedures: A biopsy is obtained if doubt exists regarding the diagnosis .the paring of a wart often reveals tiny black dots that represent thrombosed capillaries.

CASE REPORT

A 33 year old male patient,engineer by profession ,belonging to a middle class socio-economic family,residing in an urban area, attended Out Patient Department of Pt.Jawaharlal Nehru State Homoeopathic Medical College And Hospital ,Kanpur,Uttar Pradesh on 17 November 2022 with the complaints of warts on his face , tendency of extending towards the neck region since 1 year with itching and burning on the face along with the complaints of headache and hair falling.Patient took other modes of treatment for his above complaints and got improvement but then again complaints reappear after discontinuation of the medicines.

CLINICAL EXAMINATION

On examination ,the patient had oily skin with warts on his face with an expression of irritation. The blood pressure was 130 /70 mm of Hg and had pulse rate -78 beats per minute with normal other general physical examinations.The patient was conscious and oriented with normal reflexes along with audible S1and S2.

MENTAL GENERALS

Anxiety ,aversion to company, ,silent grief , grief of disappointed love,sensitive to music .

PHYSICAL GENERALS

1. Thirst- increased prefer large quantity
2. Desire-salty food and drinks
3. Aversion –to bread
4. Thermal – hot
5. Itching and burning increases on exposure to heat of sun

PARTICULAR GENERALS

Warts on face
 Hair-falling
 Headache from exposure to sun (occiput region)

TOTALITY OF SYMPTOMS

Avoid company with silent long lasting grief and disappointment of love, sensitive to music with increased thirst for water in large quantities, salty food and drinks desire,headache on exposure to sun in occiput region of head , hair-falling complaints.

PRE-DOMINANT MIASM: Mix miasmatic but predominantly Sycosis.

REPERTORIAL TOTALITY(By using Kent Repertory)

- MIND-LOVE,ailments- from disappointment
- MIND-ANXIETY-work ,during man
- MIND-COMPANY,-aversion to
- MIND-GRIEF –Silent
- MIND –SENSITIVE,- music ,to
- HEAD-HAIR,-falling –Occiput,on
- HEAD-PAIN,-sun,from exposure to
- STOMACH-THIRST-large quantities
- FACE-WARTS
- STOMACH-DESIRES-salt things
- GENERALS-WARM- agg.
- STOMACH-AVERSION to-bread

CHART -1 Repertorization chart

REPERTORIAL ANALYSIS

- Natrummuriaticum- 24/9
- Sulphur- 12/7
- Phosphorus- 13/6
- Ignatia- 12/6

Pulsatilla- 12/5
Nux.vomica- 11/5

ANALYSIS OF THE CASE

After analysis of the case and repertorization with RADAROPUS version-2.2 software, NATRUM MURIATICUM 200C /3 dose was prescribed as similimum ,as being instructed by Samuel Hahnemann in his “ORGANON OF MEDICINE” from aphorism “83-104” followed by placebo with improvement .There was a progressive reduction in the size of warts and completely disappear within 2 months (Fig.1-3).Follow up of the case given in table -1 ⁽³⁾⁽⁴⁾.

SELECTION OF MEDICINE

After repertorization,NATRUM MURIATICUM was selected as similimum based on the symptoms of anxiety ,company aversion,silentgrief,ailments from disappointment of love,headache aggravates on sun exposure,desire for salty things,thirst for large quantity of water with aversion to bread.

PRESCRIPTION

NatrumMuriaticum in 200C potency was prescribed once daily for 3 consecutive days on empty stomach to the patient with an advice for not using any external application on the face except coconut oil and dietary restrictions for tea ,coffee and other herbal edibles till the medication continues as mentioned in aphorism “259-261” Organon of Medicine.

Date	Follow Up	Medicine
1 st December 2022	General improvement, significant improvement in mental and wart complaints.	Placebo 200CH once daily for 3 consecutive days followed by placebo for 15 days.
15 th December 2022	No significant improvement ,no new complaints appeared but mild itching on face persist.	Placebo for 15 days.
29 th December 2022	No complaint of itching .	Placebo for 15 days.
12 th January 2023	Complete general improvement , warts cured , no itching no burning, no headache due to sun heat ,hair-fall reduced.	Placebo for 15 days.

TABLE 1:Prescription with follow up

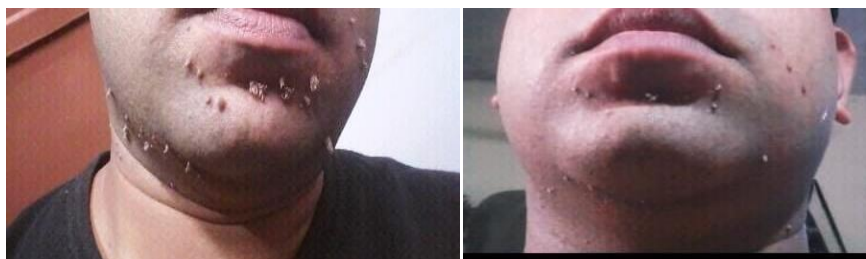


FIGURE-1:Before Treatment

FIGURE-2:During Treatment



FIGURE-3:During Treatment



FIGURE-4:After Treatment

DISCUSSION

In this case report, NatrumMuriaticum was prescribed as an individualized⁽⁵⁾ medicine on the basis of totality of the symptoms and repertorization. Considering the law of similia (aphorism 26)⁽⁶⁾ and action of NatrumMuriaticum on the skin, made it the best suitable medicine in this case for cure. NatrumMuriaticum has been reported in the literature as useful medicines for the treatment of warts, but the selection of NatrumMuriaticum depends upon the presenting totality including the other general complaints present in the patient and his overall constitution.

CONCLUSION

It can be concluded that homoeopathic treatment for warts on the basis of individualization of the patient could be one of the best treatment rather than any other modes of treatment. Homoeopathy has huge scope in various dermatological conditions and cure is possible in safest, quick, and cost effective manner without complications.

DECLARATION OF PATIENT CONSENT-

The patient was informed about the publication of his data in journal and written consent was taken from the patient.

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CONFLICT OF INTEREST- None declared

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