Formulation and evaluation of multi-particulate system to enhance formulation efficacy

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Abstract- Multiparticulate is an advanced drug delivery method that offers several features for the successful development of immediate-release and controlled-release formulations. To enhance the effectiveness of a formulation, multilayer formulations are repeatedly used to avoid chemical incompatibilities between the active pharmaceutical components and to make it possible to produce various dose forms with distinct drug release patterns. The pharmaceutical industry has shown substantial interest in the manufacture of multiparticulate dosage forms by the increasing compaction of loose powder layers. Multiparticulate dosage forms are suitable for the simultaneous delivery of two medications in succession, the segregation of two incompatible chemicals, and the development of a continuous release in a single layer of immediate release as the initial dose and the second layer as the ongoing dose. The quick-release layer of the multiparticulate acted as an initial dose, while the sustained-release layer maintained therapeutic levels of the medication in the bloodstream for a prolonged duration. To address common GI problems such as low yield, cross-contamination between layers, insufficient hardness, improper individual layer weight control, and layer separation, high-quality multiparticulate development, and production need to be carried out on polymer presses specifically designed for that use. Using a modified polymer layer may be the best way to make multi particulate dosage under GMP conditions, especially when a lot of dosage needs to be made.

Keywords: Multiparticulate system, Immediate Release, Sustained Release, Drug Delivery System.

1. INTRODUCTION
The traditional method of administering long-acting medicine in many doses may result in various issues such as side effects, drug toxicity caused by the build-up of pharmaceuticals in the body, inconsistent levels of drugs in the bloodstream, and low patient adherence[1]. A controlled release drug delivery system keeps the medicine released at a predetermined pace for a certain amount of time, either locally or systemically. These systems aim to offer delivery profiles that are capable of achieving therapeutic plasma levels. The properties of the polymer control the release of pharmaceuticals. Consequently, using these features may provide dosage forms that are well-defined and can be reproduced consistently[2]. Oral medication administration has been the most common method of drug delivery. It is widely recognized as the most prevalent method of drug delivery because the physiology of the gastrointestinal tract provides greater latitude for dosage form formulation than most alternative routes. Oral administration has historically been the most practical and widely utilized method of drug delivery owing to its simplicity. It is commonly known that compared to quick-release formulations, variable-release dose forms of the same medication may offer one or more advantages.

matrix type, which includes tablets and granules, has been the common choice for controlled delivery. In this system, the drug is uniformly dissolved or dispersed across the polymer. This type of system is preferred due to its efficacy, cost-effectiveness, manufacturing simplicity, and extended delivery duration. The primary objective of developing modified-release drug products is to enhance therapeutic regimens through the provision of consistent and gradual drug delivery throughout the entire dosing interval. Additionally, these products aim to improve patient compliance and convenience [3].

Combination treatment has many advantages over monotherapy. For instance, by combining the components at low levels, it reduces the chance of dose-dependent side effects, the danger associated with dosage, and the clinical and metabolic consequences that arise with the highest dosage of separate components. Moreover, incorporating one agent could mitigate the adverse consequences of another[4].

Gastro-retentive drug delivery systems are controlled-release drug delivery devices that may be utilised in the stomach. By constantly discharging pharmaceuticals before the absorption window for a longer length of time, they both contribute to better oral precise medication release. Additionally, the improvements made possible by the gastro-retentive drug delivery system include the ability to continuously and sustainably release medication towards the small
Intestinal absorption window, achieving a more substantial then prolonged therapeutic outcome and subsequently lowering the incidence of management period, only if further effective management of resident stomach disorders is provided, and reducing equally lower-tract deactivation of the medication and impacts on Consequently, as a result, several techniques such as floating, bioadhesive, swelling, and rapid increase in systems must continue to progress to increase a dosage form's stomach retention period[5].

**Multi-Particulate Drug Delivery**

The majority of multi-particulate drug delivery systems are oral formulations made up of several tiny, distinct units, each of which has a unique set of desired characteristics. In these systems, the dose of the substance is usually spread throughout several subunits, each of which is made up of thousands of spherical particles with diameters ranging from 0.05 to 2.00 mm. Hence, pharmaceutical formulations containing the active ingredient as several tiny, independent subunits are known as multiparticulate dosage forms.

To administer the prescribed overall dosage, these subunits are encapsulated, compressed, or filled into a sachet or tablet. A multiple-unit system is composed of discrete particles known as multiparticulates.

There is less variation in gastrointestinal transit time across and between subjects as a result of multiparticulates' less reliance on stomach emptying. They also show improved dispersion and a decreased tendency to cause localized discomfort[6].

There are different ways to make multiparticulates. Multiparticulates made by different methods need to be processed in different ways and have different features. Pelletization, granulation, spray drying, and spray congealing are some of these ways that can be put into larger groups. The drug particles could be stuck inside the multiparticulates or stacked on top of them. After that, these multiparticulates can be changed in a lot of different ways to get the drug release profile that is wanted.

Coating them is one way to change the way drugs are released from multiparticulates. Coating multiparticulates is done to get useful coats, make them more stable chemically, improve their physical properties, and make them easier for patients to accept. Coats are made from a variety of polymeric covering materials. These consist of dry granules, molten polymers, polymer solutions, and liquid polymer dispersions. Various coating types, including focused release, delayed release, pulsatile release, and sustained release (SR), can be used to accomplish various functions.

**Advantages of Multi-Particulate Drug Delivery System[7]**

The focus of the study has been on this particular method of administering drugs because of its several advantages over traditional modes of administration. Some of these benefits include:

- Enhanced gastric residence time that is predictable, and reproducible.
- Decreased variability among individuals and within individuals.
- Enhanced absorption of the drug in the body.
- Reduced negative effects and increased tolerance.
- Elimination of the risk of excessive drug release.
- The medication delivery method is designed to be versatile.
- Easy combination of pellets with different compositions or release patterns.
- Improved stability of the drug.
- Enhanced comfort and compliance for patients.
- Achievement of a distinct release pattern.

A reduction in a substance's particle size increases its solubility in water. Formulators study a variety of strategies for modifying drugs' physicochemical qualities and improving their solubility profile, release pattern, and bioavailability. Recent research indicates that multiparticulate drug delivery technologies are especially well-suited for generating delayed-release or controlled oral formulations. These systems offer several advantages, including a short gastric residence time, the ability to blend for various release patterns, and a low risk of dose dumping.

Multiparticulate drug delivery systems are mostly oral formulations made up of several tiny discrete units, each of which has a distinct set of desired characteristics. In these systems, the dosage of pharmaceutical components is often dispersed throughout thousands of spherical particles known as subunits. Multiparticulate dosage forms are pharmacological formulations that include the active ingredient in the form of multiple small, independent subunits. These subunits are encapsulated or compressed after being filled into a sachet to administer the recommended total dose. The transition of an established pharmaceutical compound from a traditional structure to an innovative method of administration has the potential to substantially enhance its efficacy, patient compliance, and safety. A novel drug delivery system, when designed appropriately, has the potential to significantly address challenges associated with the targeted and controlled release of a drug at a particular location and rate [8].
Mechanism of drug release from multiparticles
Drug release from multiparticulates can occur in one of the following ways:

**Diffusion**
When a particle comes into contact with aqueous fluids in the gastrointestinal tract (GIT), water diffuses into its interior. Drug solutions are spread across the release coat and onto the exterior during drug breakdown.

**Erosion**
Certain coatings can progressively dissolve over time, releasing the medication that is within the particle.

**Osmosis**
If the conditions are favorable, it is possible for an osmotic pressure to be developed inside the interior of the particle just by allowing water to enter. As a result of the coating, the drug is expelled from the particle and into the surrounding environment [9].

**Granulation**
Granulation, or the agglomeration of particles to increase their size, is an important unit activity in the manufacturing process of pharmaceutical dosage forms, which principally include tablets and capsules. Small particles, which may be coarse or fine in texture, undergo a transformation known as granulation to form granules, which are sizeable structures. Granulation normally occurs after the first dry mixing of the active pharmaceutical ingredient (API) and the required powder components, intending to achieve a homogenous distribution of each ingredient throughout the powder combination.

Granulation, an established process, is utilized to generate granules of specific dimensions and morphologies from substances in powder, liquid, or aqueous solution form [10]. It finds extensive application in the pharmaceutical, agricultural, chemistry, and food industries.

Microencapsulation, the creation of multi-particulate systems for modified release mechanisms, and the manufacture of granules for direct patient use are all examples of granule formation methods. Granules are produced for many purposes, the most frequent of which is to improve the flow and compression properties of the mix. However, there are also other, and in some situations, several, causes for granulation, such as [11].

- Increase a product's bulk density.
- Making it easier to meter or dispense by volume.
- Adjusting the pace of medication release.
- Minimise dust generation and staff exposure to medication items.
- Improving the flow characteristics of the mix and, as a result, the uniformity by which the dosage is administered.

**Wet Granulation Technique** [12]

1. **High Shear Mixture Granulation:**
The blending and granulation processes in the pharmaceutical industry have made extensive use of high-shear mixtures. In this system, the particles are propelled by a high-speed rotating impeller (approximately 50-100 rpm). The equipment also has a rotor that spins at a speed of between 1500 to 4000 revolutions per minute. To increase the binder distribution into the mixture, the chopper's principal role is to slice big lumps into smaller pieces. To include the binder liquid, it might be sprayed, pumped, or poured from above.

   **Advantages**
   - Rapid processing duration
   - Granulating highly cohesive substances is possible.

2. **Fluid Bed Granulation**
Fluidization is the process by which small particles come into touch with a gas and transform into a state akin to that of a fluid. The fluid will support the particles and allow them to travel freely without being trapped when the gas velocity
exceeds a certain threshold. One method of producing granules in a single piece of machinery is called fluid bed granulation. This procedure entails fluidizing a powder bed and then spraying a binder solution over it. Granulation in a fluid bed results in a material that is more homogenous, free-flowing, and finer than other procedures. To process the material, the system first heats the air and then passes it through the substance that is being treated. After some time has passed, the same air will leave the product via the voids.

Advantages
- As a result of minimizing particulate generation during processing, enhances hygiene.
- This decreases product loss.
- It enhances employee safety.

3. Steam Granulation
Transparent gas is the form in which pure steam exists. When steam is in its pure state—that is, without any air mixing and in balance with liquid water—it occupies about 1,600 times the volume of an equivalent volume of liquid water at standard temperature and pressure circumstances. This method is only an adaptation of the conventional wet granulation technique. Instead of using water as a binding agent in this instance, steam is employed.

Advantages
- Uniformly dispersed throughout the powder particles.
- Saves time and is gentler on the planet.
- No risks to the operator's health.

Extended Release Drug Delivery
Drug products that alter the rate of drug absorption to decrease the frequency of administration have been commercially available for an extended period. In the beginning, modified-release products were frequently administered subcutaneously or intramuscularly as suspensions of intractable drug complexes. Extended-release, sustained-release, controlled-release, controlled-delivery, extended-release, and controlled-release are some of the terms used to refer to modified-release products. By definition, these preparations exhibit a diminished rate of active substance release. These terms are generally interchangeable [13]. Although delayed-release products are modified-release, they are not extended-release by definition. They entail the gradual discharge of specific quantities of the substance following its administration.

Advantages
Three advantages of extended-release products:
- Maintains blood levels
- Reduces unpleasant effects
- Enhances patient compliance

Prolongation of duration
When a medication has a brief half-life, it leaves the body and is rapidly broken down, resulting in a rapid drop in blood concentration. The decrease in blood level seen may be linked to a reduction in the effectiveness of the treatment, or maybe to signs of drug withdrawal. Therefore, the medication must be given often to ensure consistent levels of the medicine in the bloodstream. Because sustained-release formulations of medications with short half-lives allow for the administration of a greater dosage at each dosing occasion, they reduce the need for several doses within a day[14].

When formulated as a sustained-release medication, this substance may be given in a single, high dosage once a day. The drug's extended-release version may enhance both sleep maintenance and overall sleep length. All dosage forms that maintain the drug's intended concentration in the blood or tissues for a longer time are included in extended-release systems.

A controlled delivery system can effectively regulate the discharge of drugs within the body, through temporal, spatial, or both aspects of therapeutic control. This clarifies the distinction between extended-release and controlled release. Justification for a controlled release delivery system To adjust the pharmacokinetics and pharmacodynamics of chemical moieties that are pharmacologically active, controlled release delivery systems utilize innovative drug delivery methods or modify the physiological characteristics or molecular structure that are specific to a certain mode of administration. The duration of drug action in a rate-controlled dosage form should be more of a design property and less if not entirely, a property of the inherent kinetic properties of the drug molecule. Therefore, to develop an effective controlled release system, it is critical to have a comprehensive comprehension of the drug's pharmacokinetics and pharmacodynamics [15].

Polymers
The enhanced pharmacokinetic characteristics of polymers have led to their use in medication delivery systems. Because of their longer circulation duration, they can target tissue more precisely than traditional tiny medicament molecules. There has been tremendous application of polymers in the field of nanomedicines and polymer therapies [16]. With the development of hydrogels and liposomes, reservoir-based drug delivery methods have made tremendous strides. Other
potential applications of the polymers include drug delivery systems that rely on diffusion and systems that use solvents to initiate the distribution of drugs. Drugs delivered via diffusion either dissolve in a non-swellable medium or a completely swelled matrix that does not break down while the system is activated. Hydrogels and other solvent-activated systems expand in the presence of water, releasing the medication. By definition, they love water [17]. Since polymers may distribute both hydrophilic and hydrophobic medications in a coordinated and continuous manner over extended periods, they are essential to the advancement of drug delivery technology.

Polymer therapeutics encompass various forms of polymer chains that serve as either the bioactive molecule itself, such as polymeric drugs, or as inert carriers that can be chemically linked to drugs. Polymers used for medication delivery are classified based on the following characteristics:

- There are three types of polymers: artificial, natural, and combinations of the two.
- Polymers can have derivatives of cellulose, polyester, polyanhydride, or proteins as their chemical makeup.
- Structural stability: The polymer may show characteristics that are either biodegradable or nonbiodegradable.
- Solubility: Hydrophilic or hydrophobic properties might be present in the polymer.

Synthetic polymers have a significant level of immunogenicity, hence impeding their prolonged use. Surgical intervention is required to extract non-biodegradable polymers after they have released the medication at the intended location.

Some of the general characteristics that suggest the polymer has potential for use as a drug delivery candidate are safety, efficacy, hydrophilicity, lack of immunogenicity, biological inactivity, succulent pharmacokinetics, and the presence of functional groups for covalent conjugation of drugs, targeting moieties, or formation of copolymer[18].

1. Hydroxypropyl methylcellulose (HPMC)[19] Oral controlled drug delivery methods rely on hydrophilic carrier materials, the most prominent of which is hydroxypropyl methylcellulose (HPMC). A notable quality is its high swellability, which greatly influences the rate of drug release when integrated. When the device comes into contact with biological fluid or water, the polymer chains relax and allow the fluid to permeate into the device, causing the device to grow in volume.

For the design of new controlled drug delivery systems based on HPMC that aim to provide specific, pre-determined release profiles, it is highly desirable to comprehend the precise mass transport mechanisms involved in drug release and to be able to quantitatively predict the resulting drug release kinetics. A useful benefit of an appropriate mathematical model is its capacity to simulate the impact of design parameters on the release profiles of HPMC-based drug delivery systems.

If all goes according to plan, the new controlled drug delivery system's size, shape, and composition (drug type, quantity, polymer, and additives) may be theoretically anticipated to produce a given drug release profile. This allows for a substantial reduction in the amount of trials needed to create new medicinal drugs. Controlled-release products on the market primarily use diffusion, swelling, and erosion to regulate the rate of release.

2. Ethylcellulose[20] A fraction of the hydroxyl groups on the repeating anhydroglucose units of cellulose are converted into ethyl ether groups to form EC, also known as non-ionic ethyl ether of cellulose. Because of its various adaptable qualities, including its ability to

- White to light brown, tasteless, odorless powder or granule
- Specific density range of 1.07-1.18 with heat distortion point of 135-155°C and fire point of 330-360°C.
- Melting point range of 240-255°C
- Biocompatible and compatible with a wide variety of celluloses, resins, and nearly all plasticizers.
- Water insoluble but soluble in many organic solvents, including alcohol, ether, ketone, and ester
- Only used in oral formulation since it is nonbiodegradable.
- Unaffected by chemicals, light, heat, oxygen, and moisture
- Capacity to absorb pressure and prevent the coating from breaking during compression; non-toxic and non-irritating. Its thin film possesses outstanding mechanical strength and flexibility across a wide temperature range.

Because these hydrophobic materials are insoluble in water and do not expand, the porosity and compactness of the EC are essential for drug release from them. EC is insoluble in water, although it may absorb it. The reason for this is that the polarity difference between the oxygen atom and the EC ethyl group allows it to form hydrogen bonds with water.

Release modifiers are not necessary for EC, just like they are not for other hydrophobic polymers used in drug delivery. Additives form channels in the polymer matrix, facilitating drug diffusion or enhancing wettability. By ethoxy content (%), ECs are categorized as K, N, or T, with 44–47.9%, 48–49.5%, and 49.6–51.0%, in that order. Based on anhydroglucose units, chain length, or polymerization, EC offers several viscosity classifications.
Ideal requirements for polymers

- It works with most parts of the coating solution, and the drug material stays stable both on its own and in the coating solution.
- It should be strong, cheap, and safe;
- it should be flexible; and it should have a lot of different mechanical, physical, and chemical qualities.
- It shouldn't hurt the human tissue and should be safe for the surroundings.

Immediate Release

Those with immediate releases are those that swiftly disintegrate and decompose to release the medications. An adequate pharmaceutical diluent or carrier may be utilized to facilitate immediate release, provided that the diluent or carrier does not significantly extend the rate of drug absorption and/or release.

This word does not apply to formulations that are altered, regulated, sustained, prolonged, extended, or delayed in their delivery of the medication [21].

Release" refers to the method by which the drug is transferred from the formulation into the body's tissues, the gastrointestinal tract, and/or the bloodstream. pH values of 1 to 3 are ideal for gastrointestinal tract release, with the release taking place at or close to pH 1.

A fast-release drug delivery system offers enhanced stability, bioavailability, and compliance suitable for controlled or continuous discharge. It enables the solid formulation to deliver the benefits of liquid medications, even when administered in large quantities. Adaptable and compatible with modern packaging and processing equipment; enhanced chemical solubility at a reduced expense.

Novel drug delivery systems are developed to broaden markets and indications, extend product life cycles, and generate possibilities. Systemic effects are most commonly achieved via oral administration due to its versatility, painlessness, simplicity of ingestion, and patient compliance. Solid formulations do not necessitate sanitary conditions; consequently, their production costs are reduced. Tablets are the preferred solid dosage form due to their strong manufacturing efficiency, high-precision dispensing capabilities, and ability to ensure patient compliance. The selection of excipients and equipment will be affected by significant changes in solid dosage form technologies, such as genomics, in response to tremendous changes in drug development. The distribution of peptides and poorly soluble, high molecular weight medications might be greatly enhanced by the development of immediate-release tablet technology, which could release the pharmaceuticals more quickly. Because it is easy to prepare, has cheap production costs, and may achieve high patient compliance, the oral route is still the best way to give therapeutic drugs.

In specific therapeutic circumstances, a considerable number of patients necessitate a rapid onset of action; thus, an immediate release of the medication is required. An approximated fifty percent of the population is afflicted with this issue, leading to a significant prevalence of ineffective treatment.

Super Disintegrates

An excipient known as a disintegrant is added to a tablet or capsule mix to help the compacted material break apart when placed in a fluid environment [22].

Advantages
- Functions well at reduced concentrations.
- Reduced impact on flowability and compressibility higher intragranular effectiveness.

Multilayer Formulation

Many nations, both developed and developing, are increasingly turning to combination therapies to combat chronic conditions including hypertension, diabetes, and cardiovascular disease[23].

Formulations intended for oral consumption make up over 90% of the total. Because of this, the researcher has shifted their attention primarily to this style of formulation, which is the most common one in the globe. Lessening the dosage needed is the main goal of controlled medication delivery [24].

Layers

Two or three compressed layers of granulation make up a layer. Each layer resembles a sandwich when the outer edges are exposed. This display features a wide variety of layered structures. The advantage of this dosage form is that it uses an inert barrier to isolate two substances that are incompatible with one another. This makes it possible to create sustained-release formulations, in which the slow-release component is contained in the second layer and the immediate-release component is contained in the first. There is a possibility of adding an extra layer with a beta release.

Multi-layer dosage forms are designed for a variety of reasons which are as follows:
- Control the distribution rate of one or two active medicinal ingredients.
- The goal is to separate incompatible active pharmacological substances and regulate their release using the functional properties of the other layer.
- Sandwiching active pharmacological components with one or two inactive layers may provide swellable/erodible barriers for modified release.
• Use fixed-dose combinations of To create new drug delivery methods, such as chewing devices, buccal/mucosal delivery systems, and floating tablets for gastro-retentive drug administration[25].

**Need of Multilayer**[26]
To manage the administration of dual-release fixed dosage combinations containing several active pharmaceutical ingredients (APIs).
• To create novel medication delivery methods, such as floating tablets for gastroretentive drug administration and buccal/mucosal adhesive delivery systems. It helps control the release of one or two active pharmaceutical ingredients (APIs).
• The goal is to increase a bilayer tablet's surface area by adding one or two inactive layers, which will operate as an erodible/swellable barrier to allow for the active component's controlled release.
• The features of one layer can be used to provide controlled release of an API by mixing two incompatible APIs in a single dosage.

**Multiple Release Profiles**
Two or more layers in tablets may give various release kinetics of the same or different pharmaceuticals with the same or different physicochemical features, and each monolith can be formulated to parcel out drug dosage distribution using distinct release control mechanisms.
Synergies are well known that one medicine amplifies the effects of the second, and combining two or more pharmaceuticals in one pill has a bigger therapeutic impact than the total of their separate effects.

**Reduction in dosing frequency**
One possible structure is an immediate-release integrating monolith that can provide the initial rapid-release needed to reach peak plasma concentration and then sustain the same drug for more than 12 hours, reducing the need for multiple intakes of medication and allowing for a more programmable drug delivery system that can deliver the same or different active ingredients in a single dose, thus reducing the need for dosing frequency [27].

**Advantages**
• These are unit dosage forms, which provide the highest degree of dosage precision and the least amount of content variability among all oral dosage forms;
• Their cost is the lowest in comparison to all other oral dosage forms;
• They are lighter and more compact;
• They are the simplest and most economical to package and strip;
• They are easy to swallow with the least tendency to hang up;
• A coating technique can mask objectionable odor and bitter taste;
• They are suitable for large-scale production;
• They possess the most effective chemical and

**CONCLUSION:**
A new type of formulation called multiparticulate has been made that can make both instant release and controlled release formulas work well. Because of some of its traits, it is a possible way to send medicines. To put it simply, the multiparticulate system is a better technology that makes up for the problems with a single layer. A multiparticulate method is useful for releasing two medicines at the same time, splitting two substances that don't mix, or making a long pill where one layer is the starting dose and the other is the supporting dose. So, using multiparticulate systems is a unique way to get patients to take their medicines as prescribed, whether they are painkillers, diabetes drugs, anti-inflammatory drugs, or medicines for high blood pressure.

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