

Characterization of biofilm formation by slow and fast grower mycobacteria under different stress conditions

¹Dr. Tarun Kumar Sachan,
Assistant Professor &HOD
Department of Botany
Govt College Pawai, Dist. Panna

²Dr. Ashish Patel
Assistant Professor
Department of Botany
Govt Degree College Pushprajgarh,
Distt- Anuppur, MP

³Dr. Prakash Chandra Patel
Assistant Professor &HOD
Department of Botany
Govt. S.K. College
Distt- Mauganj, MP

⁴Mukesh
Assistant Professor
Dept of Teacher Education
Kishori Raman Teachers
Training College, Junction Road
Dist, Mathura india
Uttar Pradesh

⁵Dr. Virendra Kumar, Ph.D.
Scientist 'D' & Head (Retd.),
Department of Electron Microscopy

National JALMA Institute for Leprosy and Other Mycobacterial Diseases, (ICMR) Tajganj Agra-282001, India.

Corresponding Author: Dr. Virendra Kumar, Ph.D.

Abstract- Attachment of mycobacteria involved in biofilm formation in the liquid air interface is a complex process, with many variables such as pH, nutrient levels, iron, oxygen, ionic strength and temperature, affecting the outcome. The standard Microtiter plate assay was used in the present study to observe the effect of pH, temperature, and in MB7H9 medium as well as Sauton's medium on non tuberculosis mycobacteria like *M. smegmatis*, *M. fortuitum*, *M. avium* and *M. tuberculosis* (H37Rv). The large quantity of biofilm was produced by *M. smegmatis* at temperature 37°C and 42 °C as compared to 30°C. *M. fortuitum* developed more amount of biofilm at 30°C as compared to 37°C and 42°C. *M. avium* developed strong amount of biofilm at 30°C and 42°C as compared to 37°C. *M. tuberculosis* developed strong biofilm at 37 °C and no biofilm at 30°C and 42°C in MB 7H9 media and Sauton's media.

Keywords: EPS, *M. tuberculosis*, *M. avium*, *M. fortuitum*, *M. smegmatis*, ECM, SEM.

INTRODUCTION

It is now commonly established that bio films are the predominant mode of bacterial growth, reflected in the study that approximately 80% of all bacterial infections are related to biofilms (National Institutes of Health (USA)) (Davies 2003). Biofilms are defined as structured communities of bacterial cells covered in a self-produced polymeric matrix adherent to inert or living surfaces (Costerton *et al.*, 1999; Donlan & Costerton, 2002)

The growth of biofilms has been reported to form on solid substrates in contact with moisture, on soft tissue surfaces in living organisms, and at liquid air interfaces (Costerton *et al.*, 1999). Biofilms are composed mainly of microbial cells and EPS, (McKenney *et al.*, 1998). The formation of biofilms is known to be affected by a variety of environmental factors (O'Toole *et al.*, 1998), such as pH, iron, oxygen, ionic strength and temperature, and nutrient level. These environmental cues include a copious supply of nutrients, the availability of oxygen, and an osmotically balanced growth medium (O'Toole *et al.*, 2000).

M. avium has been reported to form biofilm in MB7H9 media with OADC enrichment and at 28 °C (Johansen *et al.*, 2009). The low level of supplemental iron requires (Ojha & Hatfull, 2007), for *M. smegmatis* biofilm formation. The availability of CO₂ plays a role in *M. tuberculosis* biofilm formation and decreasing oxygen tension or increasing concentration of organic volatile molecules – stimulate biofilm development (Ojha *et al.*, 2008). Mycobacteria are also capable of protecting their accompanying microbiome from toxicity by heavy metals and antibiotics. (Sachan TK, Kumar V 2015) Cells of a strain of *Mycobacterium scrofulaceum* that are resistant to the heavy metal mercury (Hg) can reduce Hg⁺² to insoluble Hg⁰ that is rapidly lost from solution by volatilization (Meissner & Falkinham, 1984). Biofilm producing bacteria undergo a developmental program in response to environmental factors that lead to the expression of new phenotypes that distinguishes these attached cells from their planktonically growing counterparts. The composition and structure of the mycobacterial outer membrane is a major determinant of growth, physiology, ecology virulence and biofilm formation of these opportunistic pathogens (Sachan TK *et al.* 2015). The hydrophobicity of the outer cell membrane concentrate of environmental mycobacteria at air–water interfaces where organic compounds are also concentrated, providing nutrient (Harvey & Young, 1980).

The mycobacteria such as *M. avium*, *M. intracellulare* (Stoodley and Scott., 1998), *M. fortuitum*, *M. gordonae*, *M. abscessus*, (Falkinham *et al.*, 2001), *M. septicum*, *M. gilvum* (September *et al.*, 2004), are involved in various opportunistic infection and biofilm formation (Korber *et al.*, 1989), including in *M. tuberculosis* H37 Rv, as recently reported (Ojha *et al.*, 2008). However, the factor which affects the biofilm development is not completely understood by other investigators in slow grower and fast grower mycobacteria. Therefore, the present study has been carried out to record the extent to which a single change in growth condition affects the formation of a useful mono species biofilm, excluding possible variables such as interspecies interactions and communication which are often observed. A more comprehensive understanding of processes connected with biofilm development in different conditions will lead to new knowledge that would help in developing novel and effective control strategies for prevention of biofilms and improvement in patient management.

MATERIALS AND METHODS

Bacterial strains:- The clinical isolates of mycobacterial species were taken for the study of mycobacterial biofilm. The hundred isolates of each of *M. fortuitum*, and *M. tuberculosis* H37RV *M. smegmatis* were obtained from Repository Centre of NJIL & OMD Agra and *M. avium* was obtained from Tuberculosis research centre Chennai. The Planktonic cell growths of *M. smegmatis*, *M. fortuitum* *M. avium* and *M. tuberculosis* H37RV were made in Middle brook 7H9 broth supplemented with 0.05% Tween 80 and 2% glucose. For the development of biofilm of these mycobacterial species, firstly remove the tween 80 by two to three time washing with the media. The different conditions such as pH, temperature and as well as Sauton's and MB7H9 media were analysed. *M. smegmatis*, and *M. fortuitum* as fast growers and *M. avium*, and *M. tuberculosis* H37Rv as slow growers were studied for biofilm formation under different conditions. One loopful culture of these mycobacteria from the Lowenstein Jensen media (LJ) slopes was scraped and suspended in MB7H9 media and incubated till mid log phase growth. The mid log phase culture from these bottles was centrifuged at 8000 RPM (Sigma) for 5 minutes at 4°C. The pellets were washed with Sauton's medium and MB7H9 medium of different pH range to remove the Tween 80. These cultures were then diluted with MB7H9 and Sauton's and matched with 0.5 x McFarland standards (10⁸ CFU/ml) and 1:10 serial dilutions were prepared.

Quantification of biofilm

Biofilm formation was determined as described previously (O'Toole *et al.*, 2000), by seeding 200 µl of Sauton or MB7H9 liquid media containing 1×10⁷ bacteria in a Polystyrene plastic 96-well Microtiter plate. The assay performed to determine the ability of cells to adhere to the wells was based on the method by (Limia *et al.*, 2001). The plates were incubated at room temperature for one and two weeks for fast growing mycobacteria, and two and four weeks for slow growing mycobacteria.

In the present study, the effect of different factors such as pH and temperature condition on the development of biofilm of slow growers *M. tuberculosis* H37 Rv, and *M. avium* and fast growers *M. smegmatis* and *M. fortuitum* were recorded based upon the OD at 570 nm. The biofilm was classified as strong, moderate, weak or no following the protocol of (Stepanovic *et al.*, 2000). All tests were carried out in triplicates and the average results were calculated as (mean OD±SD). Media without bacteria incubated for similar periods as those for tests was used as a negative control. The evaluation of biofilm formation on polystyrene surfaces by four mycobacterial species were analysed in the following way.

- (1). Quantification of biofilm at different pH (5.2 to 7.2 in increment of pH 1) for *M.tuberculosis* and for NTM at 4.5, to 7.5 in increment of pH 1.
- (2.) Quantification of biofilm of selected mycobacteria at two temperatures 30°C, 37°C 42°C.

Scanning electron microscopy (SEM)-: The mycobacterial biofilm developed in microtiter dish as described above were fixed in a solution of 2.5% glutaraldehyde in 0.1 M phosphate buffer, pH 7.4, overnight at 4°C. The samples were rinsed once in the same buffer and dehydrated by increasing concentrations of ethanol (30%, 50%, 70%, 90% and 100%). The samples were dried in a fume hood were fixed on to stubs with conductive self-adhesive carbon tapes, coated with gold film sputtering and used for analysis with SEM (S3000- N). The ultrastructural picture shown by SEM described as thin, thick, and thicker of the biofilm developed in the microtiter plate and described as weak, moderate, and strong respectively.

Statistical analysis-: Data (Mean±SD value) showing the effect of the different factors i.e. pH, temperature and on biofilm formation were compared. The data were analysed by Student's t test with Welch's correction at 5% level of significance and was also tested with a nonparametric test where it was required. The data were plotted and analyzed with GraphPad Prism 5 software (Graph Pad Software, San Diego, CA).

RESULTS:\

Quantification of biofilm growth developed by fast grower mycobacteria at different temperature conditions: The selected mycobacteria were incubated at different temperatures such as 30°C and 37°C and 42°C.

Different temperature condition

Biofilm formation by *M. smegmatis*-: It was clearly observed that *M.smegmatis* developed weak biofilm at 30°C and moderate biofilm at 37°C and 42°C in MB7H9 media in first week. In Sauton's media at first week *M.smegmatis* developed moderate biofilm at 30°C & 42°C and weak biofilm at 37°C. At second week these mycobacteria developed moderate biofilm at 30°C and strong biofilm at 37°C and more stronger biofilm at 42°C in MB7H9 media, but in Sauton's media these bacteria developed moderate biofilm 30°C and strong biofilm at 42°C & 37°C. The significant difference of *M.smegmatis* were observed at first week and second week in Sauton's media in between 37°C and 30°C. **Figure 1, Table-1(a,b)**

Biofilm formation by *M. fortuitum*

M.fortuitum developed strong biofilm in first week in 30°C and moderate biofilm at 37°C and 42°C in MB7H9 media and in Sauton's media. At second week, these bacteria developed strong biofilm at 30°C and moderate biofilm at 37°C and 42°C in MB7H9 media and in Sauton's media strong biofilm developed at 30°C, weak biofilm at 37°C, and moderate biofilm at 42°C. Significant difference of *M.fortuitum* were observed at first and second week in between 37°C and 30°C. The another significant differences was also observed in between 37°C and 42°C at second week in Sauton's media. **Figure 1, Table-2(a,b)**

Biofilm formation by *M. avium*

For development of biofilm, we selected temperature point i.e. 30°C and 37°C, 42°C in Sauton media as well as MB7H9 media. At second week *M.avium* develop moderate amount of biofilm at 37°C, 42°C, and at 30°C in MB7H9 media. In Sauton's a media at second week and MB7H9 media at fourth week these bacteria developed moderate amount of biofilm at 30°C and 42°C but weak biofilm at 37°C. However, in Sauton's media at fourth week moderate biofilm at 30°C and weak biofilm at 37°C and strong biofilm at 42°C were estimated. Statistical significant differences were observed at fourth week in MB7H9 media in between 37°C and 30°C and also in between 37°C and 42°C for *M.avium*. **Figure 2, Table -3(a,b)**

Biofilm formation by *M tuberculosis H37 Rv*-:

M tuberculosis H37Rv does not developed biofilm at 30°C and 42°C while strong biofilm was developed at 37°C in Sauton's as well as MB7H9 media at second week and in fourth week significantly. However, in Sauton's media these mycobacteria developed weak biofilm at 30°C and 42°C and strong biofilm at 37°C. However, in Sauton's media in fourth week these bacteria developed no biofilm at 30°C and 42°C and strong biofilm at 37°C **Figure 2, Table -4 (a,b)**

Biofilm formation by mycobacteria at different pH condition. No consistence differences were observed at different pH condition for selected mycobacterial isolates. Data not shown. **(Figure 3,4,5.)**

Ultrastructural Study-: Scanning electron microscopy (SEM) analysis of biofilm, revealed irregular smooth colony and bacteria encased in a thick matrix of extracellular polymeric substances (EPS). These biofilm appeared to have more abundant extracellular matrix, holding the rods together, interspersed with water channels. Liquid flow occurs in these water channels, allowing diffusion of nutrients, oxygen, and even antimicrobial agents. All the figures described here were performed in triplicate in three isolates of each selected strain of mycobacteria One well each from isolates that were characterized as weakly adherent, moderately adherent and strongly adherent biofilm formers was examined

by Scanning electron microscopy,(SEM) after incubation. The weak biofilm former failed to colonize the majority of the surface of the polystyrene surface. Small clusters of cells were observed, but these did not aggregate to form a monolayer or a more mature biofilm structure. The representative moderately adherent isolate grew in a uniform monolayer, but did not form a mature multi-layered biofilm. In the matured biofilm. Strongly adherent biofilms appeared to be more abundant, larger, and thicker in nature, and generally comprised a single morphotype, mostly rod shaped encased in a thick covering of EPS interspersed with channels., The tendency of the bacilli to become arranged together into linear cord-like formations was apparent. The SEM images supported the results achieved by crude crystal violet staining of biofilm biomass I (**Figure 6**).

DISCUSSION:

Biofilm development has been suggested to be a property of mycobacteria which might depend on the nutrients present in the medium (**Esteban et al., 2008**). The strength of biofilm development is reported to be dependent on various factors like contact surface, pH, temperature, humidity, nutrient availability, contact time of the bacteria with the surface, growth stage, surface hydrophobicity and textures of surface etc. This factor affects the attachment and colonization of the bacteria for biofilm formation (**James et al., 2005**). The pH, temperature (**Johnson et al., 2009**), and nutrient composition (**Carter et al., 2003**), are crucial factors for the growth of mycobacterial biofilm. It was observed that *M. tuberculosis* was the most restricted for growth at acidic pH. while Nontuberculosis mycobacterial species, may grow in soil or aquatic environments, which are more acidic tolerant. (**Piddington et al., 2000**). According to these observations we designed our experiments to observed the effects of different biotic and abiotic factors, temperature, pH and on the development of biofilm. In this study the selected mycobacteria developed a different amount of biofilm in different pH range and different time points such as first week and the second week for fast growers, *M. smegmatis* and *M. fortuitum* and second week and fourth week for slow growers, *M. avium* and *M. tuberculosis*, in Sauton's and MB7H9 media. In the present study fast growing mycobacterial species formed more biofilm at second week and slow growing mycobacteria at fourth week and Sauton's media are adequate for biofilm growth as compared to MB7H9 media.

In addition, surface lipids like glycopeptidolipids, mycolyldiacylglycerol, and lipooligosaccharides and mycolate are important for biofilm formation but phospholipid did not exhibit major role in biofilm formation. Further, rapidly growing cells are more susceptible to environmental stresses compared with slowly growing cells. It is important to point out the fact that because mycobacteria have only one or two ribosomal RNA (rRNA) operons (**Bercovier et al., 1986**), their ability to adapt may be limited in time. There exist several examples of mycobacterial adaptation: most notably survival as a consequence of exposure to anaerobiosis (**Dick et al., 1998**), starvation (**Archuleta et al., 2005**), acid (**Bodmer et al., 2000**) and temperature (**Scammon et al., 1964**), and elevated antibiotic and disinfectant resistance of biofilm-grown cells (**Steed and Falkinham, 2006**); A gradual reduction in oxygen concentration, generated by allowing *M. smegmatis* cells to consume oxygen in a closed culture, leads to condition where the cells are viable for long periods of time (**Dick et al., 1998**). However, in other organisms, no effect on biofilm formation is seen over a range of pH. as also observed in *Pseudomonas fluorescens*, and found no effects on biofilm formation was seen in media ranging from pH 5 to 8.5 (**O'Toole et al., 1998**). Similarly, *Streptococcus gordonii* biofilm formation was unaffected in media ranging from pH 6 to 10.5 (**Loo CY 2000**). To our knowledge, this is the first study to examine the factors that influence the survival and growth of fast and slow grower mycobacteria in selected MB7H9 and Sauton's media. In addition, these studies are required using improved detection methods, the thickness of biofilm and amount of biofilm as well as the ultrastructural analysis especially *M. tuberculosis* H37Rv biofilm.

CONCLUSION:

The present work provides evidence that different biotic and abiotic factors affected biofilm formation is *in vitro* conditions. The nutritional and environmental conditions plays a role in biofilm development, so these observations may be useful in attempts to identify the cellular factors and molecular mechanisms involved in mycobacterial biofilm formation. Understanding critical steps involved in biofilm formation and metabolism may suggest new therapies for treatment or prevention of biofilm-related infections.

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Conflict of interest statement: None

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Tables:

COD	Strain	MB7H9 Media			Sauton's Media		
S.No.	<i>M. smegmatis</i>	ODc	2×OD c	4×ODc	ODc	2×OD c	4×Odc
1	Temp- 30 ⁰ C -I,W	0.32	0.64	1.28	0.35	0.7	1.4
2	Temp-37 ⁰ C- I,W	0.32	0.64	1.28	0.35	0.7	1.4
3	Temp-42 ⁰ C-I,W	0.32	0.64	1.28	0.35	0.7	1.4
4	Temp- 30 ⁰ C -II,W	0.32	0.64	1.28	0.35	0.7	1.4
5	Temp-37 ⁰ C- II,W	0.32	0.64	1.28	0.35	0.7	1.4
6	Temp-42 ⁰ C-II,W	0.32	0.64	1.28	0.35	0.7	1.4

Table .1 (a) Cut off OD for effects of temperature on *M. smegmatis* biofilm formation

Week	Strain	MB7H9 Media		Sauton's Media	
	<i>M. smegmatis</i>	Mean OD value ±S.D	Degree of formation	Mean OD value± S.D	Degree of formation
First	Temp-30 ⁰ C	0.6317± 0.2885	Weak	1.054 ±0.1236	Moderate
	Temp-37 ⁰ C	0.9098 ±0.07783	Moderate	0.6009 ±0.07436	Weak
	Temp- 42 ⁰ C	0.9733 ±0.06787	Moderate	1.108 ±0.1663	Moderate
Second	Temp-30 ⁰ C	1.134 ±0.1719	Moderate	1.340 ±0.1396	Moderate
	Temp- 37 ⁰ C	1.611 ±0.4016	Strong	1.838 ±0.1645	Strong
	Temp- 42 ⁰ C	1.853 ±0.06926	Strong	2.033 ±0.1405	Strong

Table .1 (b) Effects of temperature on *M. smegmatis* biofilm formation

C OD	Strain	MB7H9 Media			Sauton's Media		
S.No.	<i>M.fortuitum</i>	ODc	2×ODc	4×ODc	ODc	2×ODc	4×ODc
1	Temp- 30°C - I,W	0.32	0.64	1.28	0.35	0.7	1.4
2	Temp-37°C- I,W	0.32	0.64	1.28	0.35	0.7	1.4
3	Temp-42°C-I,W	0.32	0.64	1.28	0.35	0.7	1.4
4	Temp- 30°C - II,W	0.32	0.64	1.28	0.35	0.7	1.4
5	Temp-37°C- II,W	0.32	0.64	1.28	0.35	0.7	1.4
6	Temp-42°C- II,W	0.32	0.64	1.28	0.35	0.7	1.4

Table. 2(a) Cut off OD for effects of temperature on *M. fortuitum* biofilm formation

Week	Strain	MB7H9 Media		Sauton's Media	
		Mean OD value ±S.D	Degree of formation	Mean OD value±S.D	Degree of formation
First	Temp-30°C	1.283 ±0.2606	Strong	1.458 ±0.2207	Strong
	Temp-37°C	0.6689 ±0.1227	Moderate	0.7820 ±0.1415	Moderate
	Temp- 42°C	0.7267 ±0.09552	Moderate	0.8240 ±0.1303	Moderate
Second	Temp-30°C	1.351 ±0.2724	Strong	1.995 ±0.1205	Strong
	Temp- 37°C	1.224 ±0.2296	Moderate	0.6402 ±0.1228	Weak
	Temp- 42°C	1.047 ±0.2277	Moderate	1.326 ±0.1423	Moderate

Table. 2(b) Effects of temperature on *M. fortuitum* biofilm formation

Cut Off OD	Strain	MB7H9 Media			Sauton's Media			
		S.No.	<i>M.avium</i>	ODc	2×ODc	4×ODc	ODc	2×ODc
1	Temp- 30°C –II W		0.25	0.5	1	0.28	0.56	1.12
2	Temp-37°C- II W		0.25	0.5	1	0.28	0.56	1.12
3	Temp-42°C-II W		0.25	0.5	1	0.28	0.56	1.12
4	Temp- 30°C –IV W		0.23	0.46	0.92	0.26	0.52	1.04
5	Temp-37°C- IV W		0.23	0.46	0.92	0.26	0.52	1.04
6	Temp-42°C-IV W		0.23	0.46	0.92	0.26	0.52	1.04

Table. 3(a) Cut off OD for effects of temperature on *M. avium* biofilm formation

Table. 3 (b) Effects of temperature on *M. avium* biofilm formation

Week	Strain	MB7H9 Media		Sauton's's Media		
		<i>M.avium</i>	Mean OD value ±S.D	Degree of formation	Mean OD value ± S.D	Degree of formation
Second	Temp-30°C		0.6359 ±0.1322	Moderate	0.7021 ±0.2023	Moderate
	Temp-37°C		0.5292 ±0.06492	Moderate	0.5076 ±0.2066	Weak
	Temp- 42°C		0.7007 ±0.2091	Moderate	0.9050 ±0.2641	Moderate
Fourth	Temp-30°C		0.9348 ±0.07881	Moderate	1.073 ±0.1361	Moderate
	Temp- 37°C		0.6868 ±0.07933	Weak	0.6358 ±0.3070	Weak
	Temp- 42°C		0.9883 ±0.06819	Moderate	1.156 ±0.06865	Strong

Cut Off OD	Strain	MB7H9 Media			Sauton's Media		
S.No.	<i>M.tuberculosis</i>	ODc	2×ODc	4×ODc	ODc	2×ODc	4×ODc
1	Temp- 30 ⁰ C –II W	0.344	0.6881	1.376	0.26	0.52	1.04
2	Temp-37 ⁰ C- II W	0.344	0.6881	1.376	0.26	0.52	1.04
3	Temp-42 ⁰ C-II W	0.344	0.6881	1.376	0.26	0.52	1.04
4	Temp- 30 ⁰ C –IV W	0.43	0.86	1.72	0.43	0.86	1.72
5	Temp-37 ⁰ C- IV W	0.43	0.86	1.72	0.43	0.86	1.72
6	Temp-42 ⁰ C-IV W	0.43	0.86	1.72	0.43	0.86	1.72

Table. 4 (a) Cut off OD for effects of temperature on *M. tuberculosis* biofilm formation

Week	Strain	MB7H9 Media		Sauton's Media	
	<i>M.tuberculosis</i>	Mean OD value ±S.D	Degree of formation	Mean OD value±S.D	Degree of formation
Second	Temp- 30 ⁰ C – II W	0.2833 ±0.1834	No	0.3867 ±0.2875	Weak
	Temp-37 ⁰ C- II W	1.775 ±0.5617	Strong	1.491 ±0.5861	Strong
	Temp-42 ⁰ C-II W	0.3067 ±0.1607	No	0.3067 ±0.1662	Weak
Fourth	Temp- 30 ⁰ C – IV W	0.2617 ±0.1429	No	0.3543 ±0.3427	No
	Temp-37 ⁰ C- IV W	2.874 ±0.5351	Strong	2.576 ±1.078	Strong
	Temp-42 ⁰ C-IV W	0.1800 ±0.06083	No	0.4203 ±0.1476	No

Table. 4 (b) Effects of temperature on *M. tuberculosis* biofilm formation

FIGURES

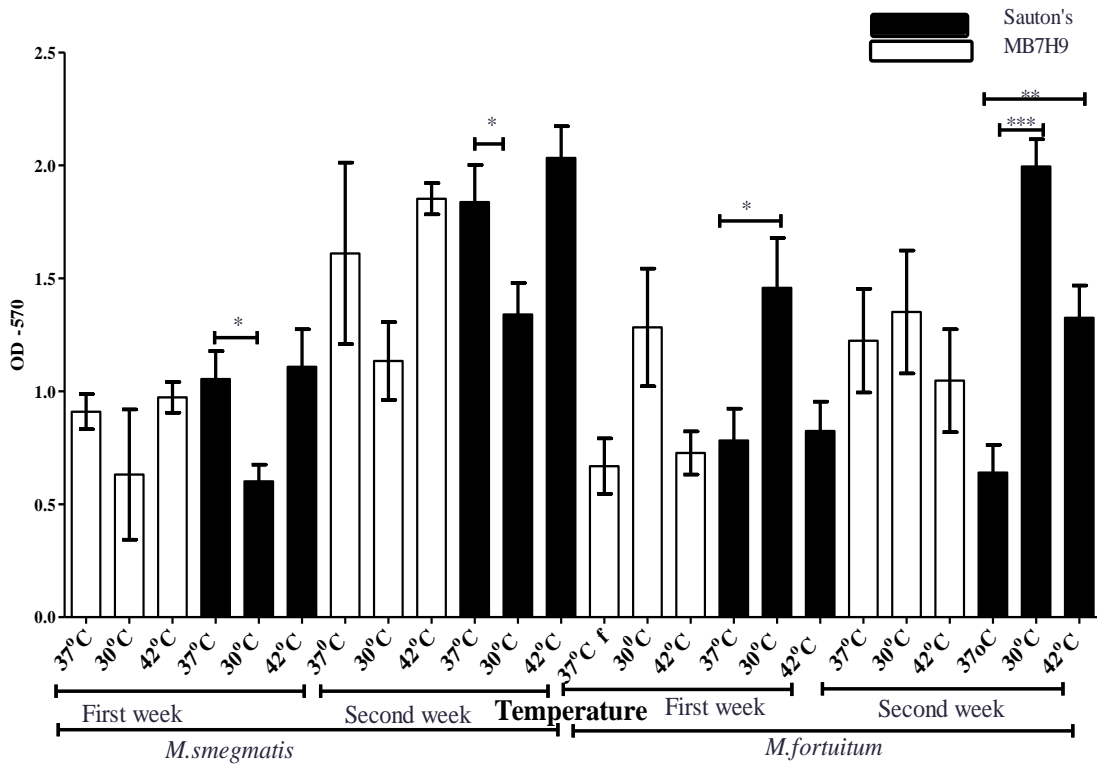


Fig.1 Effect of temperature on development of biofilm of *M.smegmatis* and *M.fortuitum*

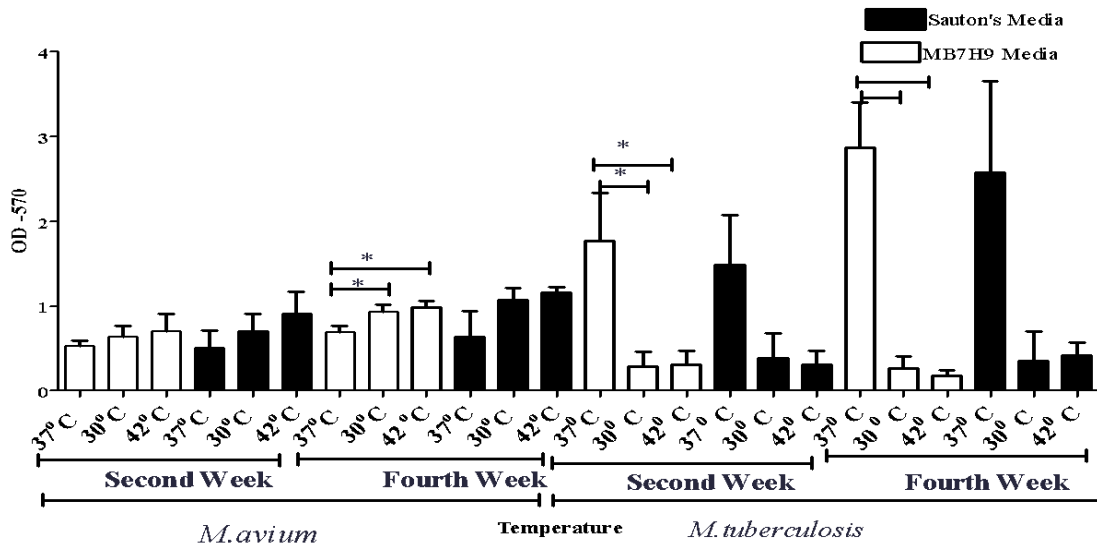


Fig.2 Effect of temperature on development of biofilm of *M.avium* and *M.tuberculosis* H37Rv

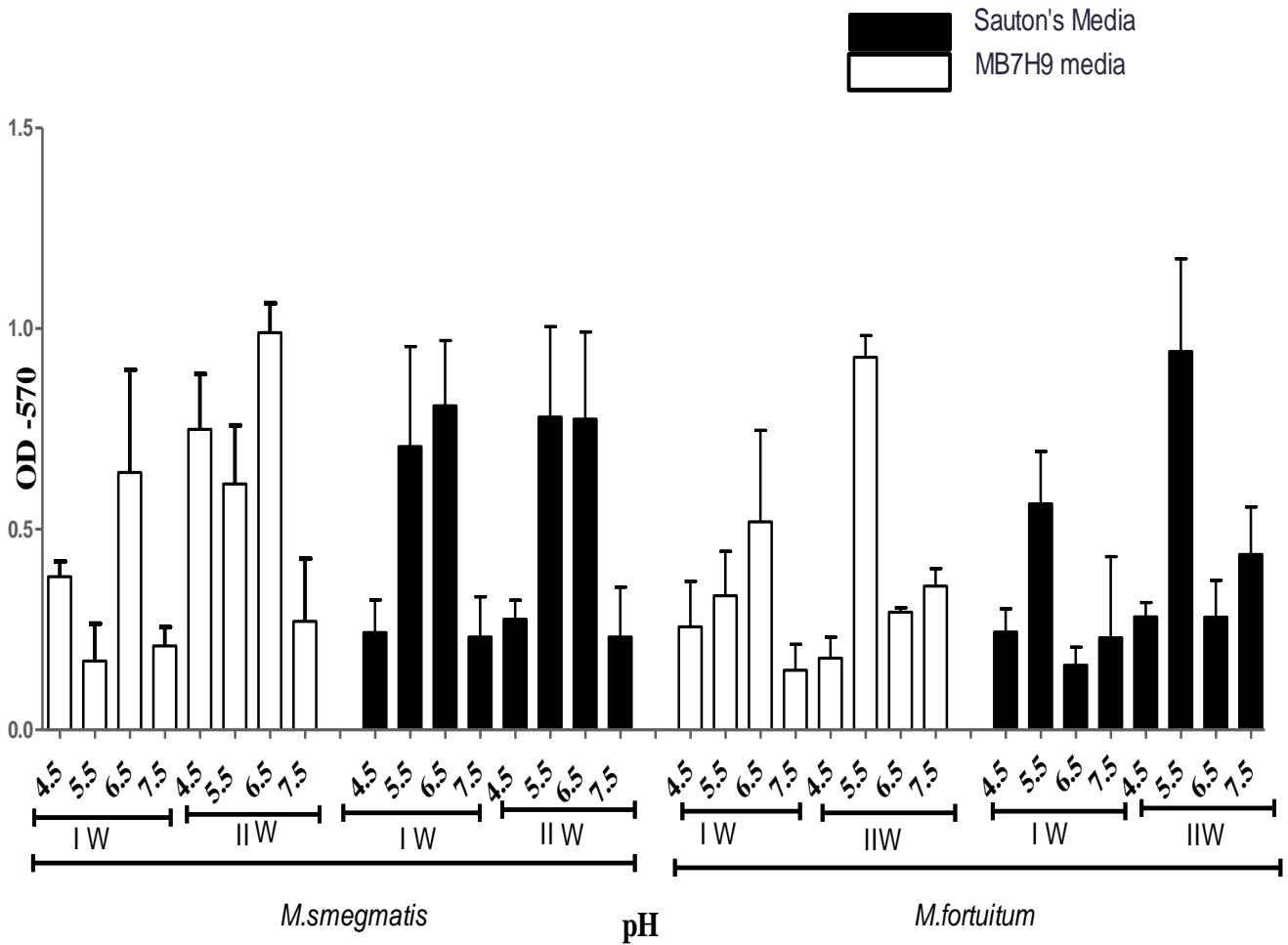


Fig.3 Effect of pH on development of biofilm of *M.smegmatis* and *M.fortuitum*

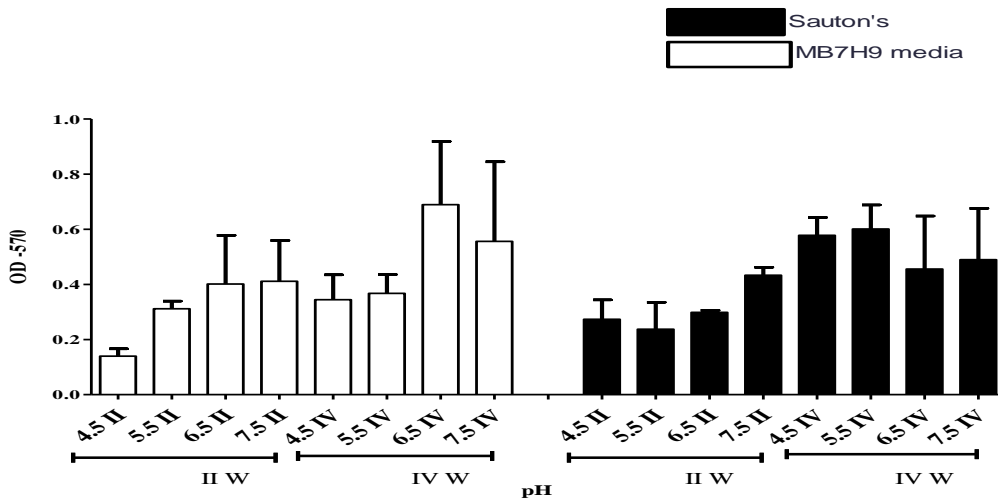


Fig. 4. Effect of pH on development of biofilm of *M.avium* at second week and fourth week.

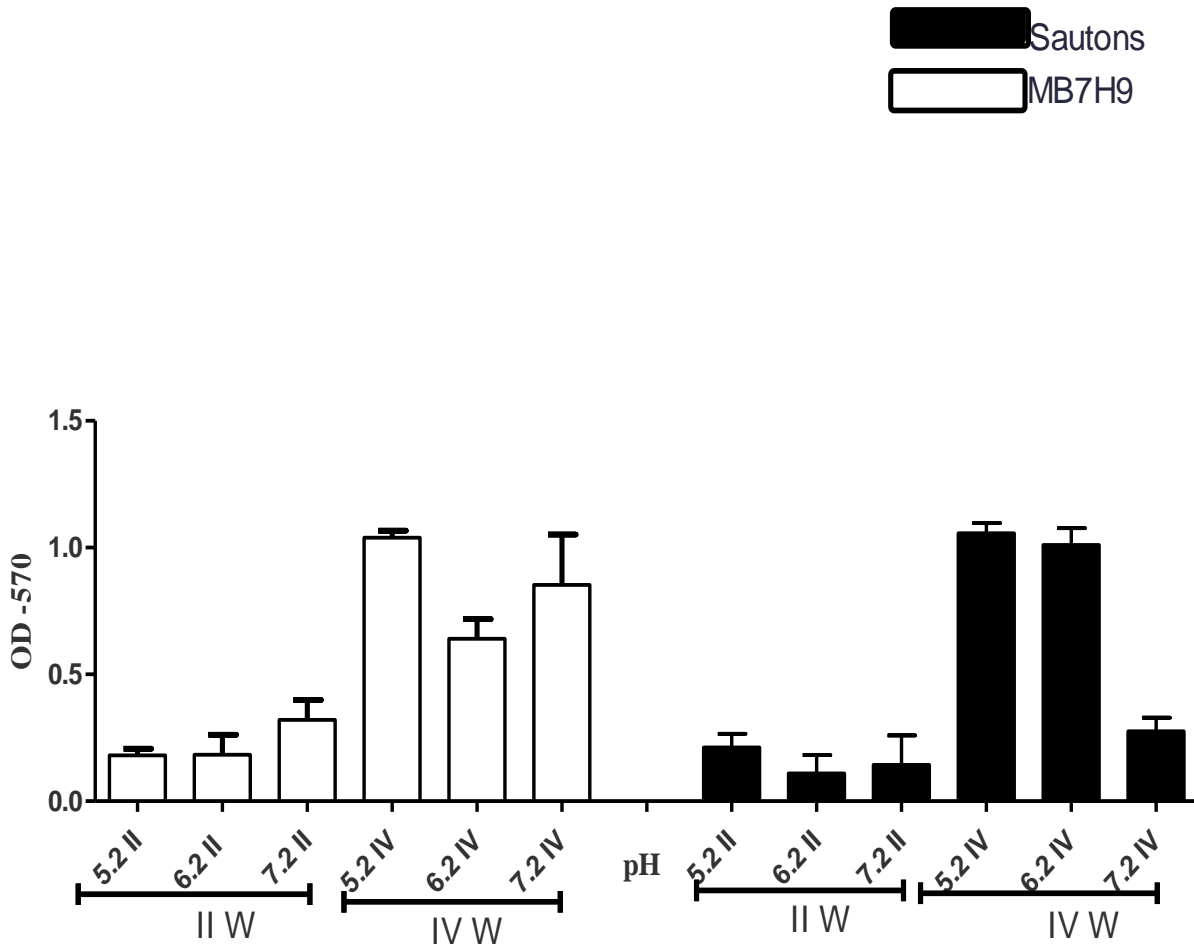
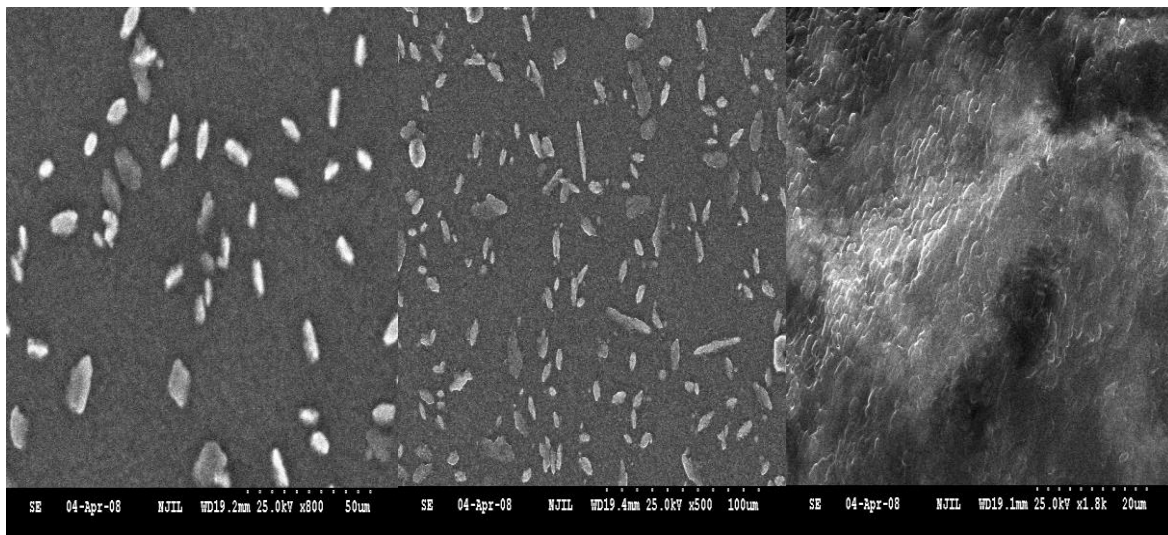


Fig. 5 Effect of pH on development of *M.tuberculosis* at second week and fourth week.



Weak Moderate Strong
Figure 6 - Ultrastructural picture for thickness of mycobacterial biofilm